613 In a retainer subcaste group, enangar relations
602 usually existed between each lineage and two,
621 three or four others; in the small servant caste local groups, each lineage might have only one or two enangar lineages. Enangar relations were reciprocal but not exclusive, so that a chain of relationships linked together the whole local group. Thus in a hypothetical kara containing eight retainer lineages, A to H, lineage A might have enangar relations with B, C and D; B, with A, E and F; C with A, G and H; D with A, F and G; E, with B, F and H; F with B, D and E; and G only with D and C. The enangar relationship was one of ceremonial neighbourliness and ritual cooperation. Sexual unions were also, and in some villages are still today, most common between enangar lineages, so that the enangar relationship can also be regarded as one of perpetual affinal kinship between lineages as corporate groups. Representative male and
[881] female members of all enangar lineages must
[765] be present and participate in ceremonies of the
[769] linked lineage at girls' initiations, at the first menstruation ceremonies of a girl, at the sixteenth day ceremonies after a death in the lineage; and at ceremonial offerings to the spirit of a dead matrilineal forbear on the anniversary of the death. These ceremonies could not be carried out without the help of enangar, so that to refuse attendance was a grave offence. If however some member of a lineage broke a caste-law, the enangar, as its hereditary ritual partners, must at once announce a rupture of their ties with the offending lineage and call a

592 so firmly excluded from participation in its ev-
786 eryday affairs. If this were so we would have
[152] evidence that the Nayars, in spite of their extreme emphasis on the matrilineal line, virtual sexual promiscuity within the caste, and minimal recognition of paternity, had an Oedipus Complex [59] which caused men to fear and propitiate the phallic representatives of their fathers, and women to have fantasies about "possession" by paternal phallic symbols. Unfortunately snake worship is now practically extinct; I never saw it, and found present-day informants able to make few associations about it.

592 If the snake-gods were, at least unconsciously,
786 collective "fathers" of the taravad, it is inter-
831 esting that they were represented in an archaic, dream-like form as snakes (pure phallic animal symbols) robbed of their human attributes. This would accord with the fact that Oedipal hostility of the father, which must have been experienced by Nayar children since they slept, and do today, in the mother's room till age four or five and have opportunity to witness parental intercourse, would be repressed before latency and leave its mark only in unconscious phallic fantasies about the father which could be translated into the cultural idiom of beliefs about harmful snake-gods. Such archaic representations contrast with the less distorted ones of male forbears of the taravad.

592 These latter comprise only the spirits of dead
● 769 karanavans of the property-group, not of men
778 who died without attaining to headship, and very seldom of women. (5) In each house, a room

592 devoted to dead karanavans' spirits, opening off
769 the inner courtyard, contains a number of small
778 wooden stools on which the spirits are believed to come and sit. In those branches of the taravad which have remained in situ for many generations, retaining [60] an old ancestral house while collateral segments hived off into new ones (6), the ancestor shrine contains many stools, placed in order and named with the names of the karanavans going back to the first of the segment or of the lineage as a whole. In newer houses built by segments which have recently left the parent house there may be only one or two, starting with the stool of the man who built the house and was its first karanavan. (7) Offerings of cooked good, with delicacies of the kind most enjoyed by the recipient during his lifetime, are made before each stool by the living karanavan, in the presence of all members, twice annually on the new moon days of April-
592 May and October-November. The spirits of
769 dead karanavans are thought of as vindictive and
152 fearsome, ever prone to take offence against living members who fail in any of the details of ritual performances and general care of the taravad house and lands which are their duty, and to vent hostility on them out of all proportion to their offence. They are placated with fear and reverence but without affection. Their character contrasts with that of the patrilineal ancestral spirits of Tamil Brahmans, who are thought of as harmless, straving, lonely, pitiful beings who must be given food to sustain them in the life in the world of the dead. This

592 difference in the character of ancestral spirits
●769 probably relates to the fact that among Nayars,
152 hostility to the mother's brother, the karanavan and all older men, though curbed by strict rules of etiquette and [61] social distance, is often either fully conscious or dealt with by projection: the mother's brother may be thought of as persecuting and his discipline strongly resented, though loyalty to the mother and the group prevents a man from openly venting his aggression. Among Brahmans, aggressive impulses against the father, elder brothers and other older men are deeply repressed; such older male figures are thought of a protective and nurturant, and inner opposition to them arouses much guilt. Perhaps because of this, their spirits are also harmless, and what is projected in beliefs about them is rather the individual's own oral dependency longings.

592 The propitiation only of heads of the property-
769 groups, by the living head on behalf of all members, underlines the corporate character of the group. Brahmans instead propitiate each man his own line of recent patrilineal forbears - father, paternal grandfather and great-grandfather and their wives - thus emphasizing the strength of the asymmetrical interpersonal tie between father and son, at the expense of the
592 solidarity of the patrilineal group. Among Na-
602 yars, interpersonal relations between men of the matrilineal group are neither structurally strong nor emotionally intense: men are bound to the group and incidentally to each other by their primary ties to women (mother and sisters); rivalry between them is acute and they are kept

162 the most numerous and ancient group, claim that their church was founded by St. Thomas. The Portuguese converted some of them by force to Roman Catholicism and also made many converts from the lowest Hindu castes. Christians are concentrated chiefly in Cochin and Travancore.

113 (3) For a fuller discussion of the meaning of this ceremony see Gough, "Female Initiation Rites on the Malabar Coast", forthcoming in J.R.A.I.

(4) E. Colson and M. Gluckman, Seven Tribes of British Central Africa (1951), p. 129. [102]

787 (5) Occasionally the astrologer may divine that
753 the spirit of a recent ancestress is causing sickness to women or children. An emergency propitiation of cooked food is then made to here in the ancestor-shrine.

• 769 (6) In a new house there may be no stool at all,
778 unless the house was built some time before the partition by a man who died before it became occupied by the new property-group, and who thus becomes its first karanavan-spirit. If there are no stools the members of the group go back to their parent-house for ancestral propitiations for one or two generations.

212 (7) Nayar women like men could traditionally read and write Malayalam, and keep accounts.

796 (8) Onam is a harvest-festival in September; Vishu the New Year's Day, in March; and Tiruvadhira, a women's festival to Kama Devan, the Hindu god of passion.

113 (9) Murdock, Social Structure, 1949, p. 10.

(10) From the Book of Duarte Barbosa, (Hakluyt

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613 476 small neighborhoods, indeed, all the lineages were sometimes enangar to one another, although this seems to have been rare. At least one man and one woman of each of its enangar lineage had to visit a household for the life-crisis rites of its members, at which they gave [553] ceremonial assistance and partook of a feast. These rites included the [588] naming ceremony of a baby, the first rice feeding in the sixth month, [881] the pre-puberty marriage rite of girls, the first menstruation ceremony [843] of a girl, the first pregnancy ceremony of a woman, the offerings to [769] a departed spirit which closed the period of death pollution, and the [765] subsequent offerings each year to the spirits of recently dead mem- [783] bers of a property group on the anniversaries of their deaths. Enangar also gave neighborly help on the day of a cremation and, during the fifteen days of death pollution, provided cooked food for the household of the bereaved.

613 592 Although whole lineages were linked as enangar to each other, a linked lineage acted as a collectivity only at the pre-puberty marriage rite, at cremations, and on the sixteenth day after a death. For the other life crises, each household of a lineage would invite as enangar partners only one household in each of their linked lineages with whom they had special customary ties. Similarly, the members of a household were not obliged to invite other branches of their own lineage to the minor life crises, although they might do so if they wished.

613 588 The enangar played their most important role at the pre-puberty marriage rite. Every ten to twelve years each lineage held a grand ceremony in its oldest ancestral house, at which time all immature girls of the lineage of one generation were ritually married by men of enangar groups. This ceremony, called *tālikettukalyānam* ("*tāli*-tying ceremony") had to be performed for each girl before puberty on pain of her excommunication from caste (Gough, 1955). Before it took place, elders of the assembly selected suitable youths of the enangar lineages as ritual bridegrooms for the girls. At the ceremony each bridegroom, in the company of representatives of every household in the neighborhood, tied a gold ornament (tāli) round the neck of his bride. Each couple was then secluded in a room of the ancestral house for three days and nights, during which, if the girl was old enough, sexual relations might take place. On the fourth day the bridegrooms departed. They had no further obligations to their brides [885] and did not need to visit them again unless they wished. After the tāli rite, however, a girl was regarded as having attained the status of a mature woman, ready to bear children to perpetuate her lineage.

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had been so essential to its perpetuation, yet so firmly excluded from its everyday affairs.

Within each Nayar house one room was devoted to the spirits of dead kāranavans. It contained a number of small wooden stools on which spirits were believed to come and sit. The ancestor shrine of the lineage's oldest house contained many stools placed there in turn for the kāranavans of past generations, reaching back to the foundation of the lineage. A newer house would contain only the stools of kāranavans of that house. Offerings of cooked food were made before each stool by the living kāranavan, in the presence of all members, twice a year. The kāranavans' spirits were vindictive rather than protective. They were prone to punish the taravād with sickness or financial loss if any of its members failed in details of ritual performance, in care of the property, or in piety toward matrilineal kin. I have suggested elsewhere (Gough, 1958) that the cult of dead matrilineal forebears served as a focus for aggressive impulses which had their origin in relationships with living matrilineal elders. At the same time it united the living in fear and reverence of the dead and reaffirmed the moral laws of the taravād. It also acted as a sanction against a kāranavan's own exploitation of his juniors, since the maintenance of right relations with junior kinsmen formed part of his pious duty to his forebears.

The Splitting of Property Groups Genealogies and property documents reveal that during the nineteenth century the property groups of retainer Nayars divided at a particular point in their development. This occurred when the property group comprised two or more discrete segments descended from sisters, each segment containing an adult male capable of becoming kāranavan of his branch. For a segment to be "discrete," its founding ancestress, whether herself living or dead, must not have a mother, brothers, or mother's brothers alive. Separation before this point was not possibly because the division of property was stirpital. Individual men, the managers of property, could not separate themselves from their own mothers or sisters. A man could therefore never be a member of a different property group from that of his own mother's mother's brother, mother's brother, or brother. Division could take place only between groups headed by men from different minimal segments (parallel cousins, a man and his classificatory mother's brother, etc.), who were no longer held together by submission to a common mother's brother, grandmother, or great-uncle.

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ners and morals of their caste. She might discipline them with slaps and scolding but was usually indulgent. She taught her children to look to her brother as their authority, and might either report their conduct to him or (more commonly) try to shield them from his correction. A woman's duties to her adult son were to assist in cooking for him, to serve him with food along with other men before she and other women had eaten, and to assist in care of the house. She should offer him counsel and comfort, respecting his wishes but attempting to dissuade him from wrong. Her own moral conduct in the village was a part of her duty to her children. If she infringed the religious laws her shame fell also on them and they were the most likely persons to be visited with supernatural vengeance. A woman should accept the suggestions of her adult son with regard to her conduct. If he became her kāranavan she theoretically owed him obedience in law.

A child should respect his mother's teaching, although strict obedience to her was not demanded before the age of five or six. Throughout her life he should revere her, remembering that he owed to her his membership of his taravād and all the birth-status rights of his caste. For her sake he should maintain right relations with his matrilineal kinsfolk, submitting to his male elders and protecting his sisters and their children. A man should protect his mother from slander or physical harm. When he entered the village after an absence he must go first to greet her. While he stayed there he should live in his natal house and make himself available to his mother's requests. He should not incur her jealousy by visiting a wife for long periods in the daytime, or by eating frequently in the house of a wife or of friends. In all things he should place his mother's comfort and the interests of the taravād above his private concerns. In her old age he must offer comfort and companionship to his mother and after death must perform funeral rites and make annual offerings on behalf of her soul. Neglect of the mother by an adult son was the height of impiety. The lineage goddess was believed to inflict sickness on an impious son.

The etiquette of behavior between mother and adult son required mutual respect and a certain restraint on both sides. Each stood when the other entered the room, although they might later sit together and converse informally. They discussed questions of property and the affairs of the taravād in serious confidence, but undignified gossip and talk touching on sexual matters were prohibited between them.

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WOMAN-DAUGHTER

A woman was her daughter's immediate mentor and moral authority throughout her life. Whereas a son entered the company of men and boys after about the age of seven, a daughter returned to her mother's intimate care after the tāli rite. From her mother and from older women of the taravād a girl learned cookery, household and child care, manners, morals, and minor agricultural work. As her daughters came of age a woman took personal pride in their dress, jewelry, and physical attractions. It is said that formerly mothers and other matrilineally related women instructed girls in the arts of love. A woman should spend her life in her mother's household, and she should obey her, taking over from her more and more of the household responsibilities. She should defend her mother in disputes with other women, offer her companionship in old age, and perform funeral and anniversary rites for her soul after her death.

A daughter replaced her mother in the social structure and was expected to resemble her in character, as indeed she often did. A woman's constant care for her daughter's welfare became particularly prominent during the latter's pregnancy and parturition, when the mother must be at hand to offer counsel, good food, and medicines. So long as they respected her and did not encroach on her authority, she should welcome her daughters' husbands with cordiality. If, however, a husband's conduct gravely displeased his mother-in-law, she had the right to ask her daughter to reject him. A dutiful daughter would usually do so; if she refused, the mother might place her case before the kāranavan and request that the husband be dismissed.

Behavior between mother and daughter was usually informal, and they had few secrets from one another. In the privacy of their home and in the absence of men, matrilineally related women of today discuss their affairs and their neighbors freely, sometimes with hilarious mimicry. Mother and daughter were expected to have occasional quarrels. Indeed, there was often a deep undercurrent of rivalry between them which might break out into acrimonious mutual scolding. A daughter should bear patiently her mother's reprimands, but even though she struck her mother in anger her bad conduct would be forgiven more readily than the neglect of a son. A mother would also often try to shield her daughters from anger on the part of the kāranavan, of the mother's own brothers, or even of her sons. Mother and daughters usually maintained unity in disputes with other segments of the taravād, and it was axiomatic that mother and daughters stand united in disputes with other households.

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603 took upon herself much of the moral training of her grandchildren. It [869] was chiefly from the grandmother that children learned religious mythology and stories from their taravād's history. If she was the oldest woman of the house and if her son was kāranavan, a woman of strong personality might virtually direct the household, protecting the grandchildren both from their mother's indulgence and from their uncles' [861] displeasure. She seldom inflicted corporal punishment but was obeyed by young children more readily than the mother. As they grew to [858] maturity a woman tended to show indulgent pride in her grandsons as the pillars of her old age. By contrast she might show jealousy of her granddaughters and be a harsher judge of their manners and morals than was their mother.

MAN-SISTER'S SON

604 A kāranavan had special rights in and obligations to his sisters' chil-429 dren, some of which have been detailed. As their legal guardian he exercised the rights and obligations which normally accrue to the legal father in the higher patrilineal castes of India. He was respon-604 sible for his nephews' training in the laws and morality of their caste, 86 in literacy, in agricultural work, and in military skills. Much of this training he often dispensed in person either before or after he became kāranavan. He was responsible for maintaining the junior men of his taravād and for guarding and, if possible, augmenting the ancestral property on their behalf. In turn they owed him obedience, loyalty, and submissive respect. A kāranavan might inflict a beating on a disobedient nephew under about the age of sixteen or might order a younger brother to do this on his behalf.

604 Relationships with all mother's brothers within the property group were modeled on that with the kāranavan. A man owed all of them respect and obedience within the framework of the kāranavan's jurisdiction. Often a boy's junior mother's brothers were absent from the taravād. When they were home the mother's own brothers took a special interest in him. They might play with him indulgently until he was about the age of three. After this he learned to respect them, to be quiet in their presence, and to fear his mother's report of his ill conduct to them. As he grew older it was usually from his mother's own brothers that a boy received detailed training in agricultural matters and it was they who most frequently chastised him. Throughout [561] their lives a man owed obedience and loyalty to all men of senior [613] generation in his taravād, and after their deaths, regular offerings [969] in propitiation of their spirits.

The etiquette of behavior between a man and his mother's brothers [576]

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obligations, some fathers, especially kāranavans, kept their children residing with them for most of their lives and gave them property. A child owed his father obedience and respect. If a man divorced his wife her children also left him and might see little of him thereafter. However, they had to observe ritual pollution at his death and his eldest son took part in his funeral rites along with the chief matrilineal heir. The eldest son also made annual offerings to his dead father's spirit. In general the relationship with the father was thought of as intimate and loving. Children must respect him and a daughter must not touch him after her puberty. But having no legal authority, the father was not feared. His role was sharply contrasted with that of the mother's brother. Uncles were said to teach by scolding and punishment; fathers, by persuasion and laughter.

The father's kin had privileges and obligations at life-crisis rites—most of which took place in the individual's taravād house—and were feasted and made gifts at the ceremonies of first pregnancy, naming, first rice feeding, tāli tying, marriage, first menstruation, and death. At the naming ceremony, when a baby was one month old, the father's mother chose the name, the father's father conferred it, and the father presented the child with a gold waistband. The kāranavan fulfilled these roles in Central Kerala.

A person was forbidden to marry his father's sibling or paternal parallel cousin of the father's property group. Affectionate respect was the proper attitude toward all the father's older kin. The paternal grandmother played with a child but did not idolize him as she did her daughter's child, for he was not of her taravād. Unless he was also a child's kāranavan, the paternal grandfather was a distant kinsman who had little to do with his grandchild. The mother's father, on the other hand, usually doted on his grandchild and was a cherished companion.

Male cross cousins had a joking relationship and were often close companions. Their relationship might be tinged with hostility concerning the property of their respective father and mother's brother. Sometimes, at least in the nineteenth century, they quarreled openly over the inheritance and became enemies thereafter. Male and female cross cousins had a joking relationship with implicit sexual privileges if the girl was younger than the man. A boy who returned to his taravād at puberty often married his matrilateral cross cousin thereafter. Even if she married someone else he might sleep with her illicitly before or after the marriage. Elders were either ignorant or

obligations to their children and a strong affective bond with them. The *Karanavān* of their lineage segment was however the authority in important matters.

Both in Kottayam and in Cochin, Nāyar women were occasionally married to men of the highest, patrilineal caste of Nambūdiri Brahmans. Children of such unions were Nāyars, and rules of ritual pollution maintained distance between them and their higher caste fathers. The Nambūdiri father might not eat with his wife and children, and might not touch them during the daytime while in a state of ritual purity. Only the eldest son of a Nambūdiri house might marry a Nambūdiri wife and beget children for his own family.

British rule brought about the collapse of the Nāyar armies early in the nineteenth century. Probably as a result of this change, plural marriages gradually died out in Cochin. The lineage system persisted with little change until the turn of the century, but in both areas the employment of men in professional and wage work led to the development of privately owned property in addition to property owned jointly by the matrilineal group. The Malabar Marriage Act of 1896 permitted men to register their marriages and gave the children of such marriages rights in half the personal property of the father after his death. During this century, the greatly increased employment of men in salaried work, and the development of cash-crop farming, have brought about a partial disintegration of the matrilineage, and have tended toward the emergence of the elementary family as an economic and legal unit. Under the pressure of these changes, laws[3] were passed in 1933 and 1937 which required all men to register their marriages, gave rights of maintenance to their wives and children, and provided that the whole of a man's personal property be inherited by his wife and children. In addition, the laws permitted, though they did not require, equal division of the matrilineal estate on a per caput basis[4] between all members. Although some traditional households remain, it has now become fairly customary for a woman and her immature children jointly to separate their shares of property from those of the rest of their matrilineal group, and to set up a new establishment with the woman's husband. He, in turn, may have abstracted his single share of property from that of his own matrilineal group. Sometimes, the husband himself provides a new house for his elementary family from his own share of property and his private earnings. Sometimes the new house is provided from the property of the wife and children, who receive their husband and father into it as a resident and wage earner. Sometimes husband and wife pool their property and set up a joint establishment.

Given the modern heterogeneity of legal, economic, and residential arrangements, and given also variations in education, interests, and life experience, it is not surprising that cults of the dead reveal differential rates of change. I shall be chiefly concerned with the traditional cults, although these persist without change in only a few of the more traditionally patterned households—actually, in fifteen percent of Nāyar households in one Cochin village, and in thirteen percent in one village in Kottayam.

The Nāyars participate in three distinguishable categories of cults of the dead. The first comprises a collective cult, by the matrilineal property group, of the ghosts of matrilineal forebears, which I call lineage ghosts. This cult is non-Sanskritic. The second category comprises various kinds of offerings by individuals to the spirits of dead kinsfolk at funerals or on the anniversaries of deaths. These cults are Sanskritic in origin. The third category comprises various cults of the ghosts of persons who were not members of the Nāyar's own lineage; I call these alien ghosts. These cults,

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like the cult of lineage ghosts, are non-Sanskritic. I discuss the three categories of cults in that order, and then refer briefly to modern changes in the cults.

The Cult of Lineage Ghosts

Each traditional Nāyar house contains a room devoted to lineage ghosts. Within the shrine are placed small, low stools (*pīṭhams*). On each of these it is believed that a particular ghost comes to sit on the days when offerings are made.

In property groups of the aristocratic lineages of village headmen and district chiefs, which own more land than do commoner Nāyars, family histories recorded in palm leaf documents may contain the names and achievements of twenty or more *kāranavans* extending back over two or three hundred years. In such lineages, whose property groups divide less frequently than do those of commoner Nāyars, the *kāranavans'* spirits are housed in a special building in the courtyard south of the ancestral house. Commoner Nāyars care somewhat less for their ancestry. Sometimes they have only three or four stools for their lineage ghosts and remember by name only those who died within the last hundred years or whose lives were in some way remarkable. Remarkable *kāranavans* are those who fought bravely in battles or received honor from chief or king, those who earned property on behalf of their matrilineal groups, or those who died prematurely through accident, murder, epidemic or suicide.

Regular offerings are made only to *kāranavans*, for only *kāranavans* hold legal authority and only their names tend to appear in documents which survive for posterity. On the advice of the astrologer, however, a *taravād* may, in emergency, propitiate the ghost of an ancestress or of a man who died before becoming *kāranavan*. But such ghosts are always those who died within the lifetime of living members.

The lineage ghosts are regularly propitiated[5] on the new moon days of Karkidagam (July-August) and Tulām (October-November). Food is cooked in the kitchen by women of the matrilineal household, and a large portion is placed on a plantain leaf for each of the ghosts. It includes curried meat and vegetables, fried paddy, beaten rice, fuits, and sweet puddings of various kinds. Toddy and arrack were traditionally served along with the meal. If a dead *kāranavan* is known to have enjoyed special foods during life, he receives a large portion of these foods. Occasionally, even in the past, individual Nāyars have been vegetarians. The spirits of vegetarian *kāranavans* may not be served with meat and are housed in a separate shrine. When the dishes are prepared, they are carried quickly to the shrine so that the ghosts may partake of their essence before others have tasted or smelled them. The living *kāranavan* places the leaves before the stools in the presence of men junior to him in the property group and then closes the door of the shrine. Age-rank is observed in making the offerings. For each spirit, in addition to its own leaf, is briefly offered the food later placed before the stools of spirits junior to it. Similarly, the vegetables of vegetarian ghosts are first offered to meat eaters who were senior to them, and the vegetables (but not the meat) cooked for meat eating ghosts are first offered to vegetarian ghosts who were their seniors. After a few minutes the *kāranavan* reopens the door and distributes the food, to be eaten by all members of the *taravād*. Women take no part in offering the food and may not enter the ancestral shrine on this day. They are also forbidden to enter it during menstrual and birth pollutions, and all members are forbidden entry during the fifteen days of pollution following a death.

Traditionally, at the close of offerings to the ghosts, men of the *taravād* might

Traditionally, at the close of offerings to the ghosts, men of the *taravāḍ* might become drunk with toddy and arrack. In this condition, one or more young men might undergo possession by one of the ghosts. He performed a frenzied dance and called out to the assembled members with the voice of the ghost, declaring its will and thanking or threatening the *taravād* on its behalf. I heard of only one *taravād* where this custom persisted. Shamanistic possession by the goddess Bhagavatī or by the god Aiyappan is, however, still prevalent among rural Nāyars, and such religious possession is still more common among the lower castes.

In some *taravāds*, propitiation of lineage ghosts accompanies that of various deities associated with the *taravād*. Chief of these is the lineage's patron goddess (*dharma devī*). The goddess, though known by different names in different *taravāds*, is always thought of as a species of the generic goddess Bhagavadi or Bhādrakāli, the chief deity of the Nāyars. Each group of Nāyar *taravāds* in a village usually possesses in common a temple dedicated to Bhādrakāli, but each *taravād* has, in addition, its own goddess. Cults of the village goddess are more important in Cochin, and of the *taravād* goddess, in Kottayam. The village goddess is believed capable of withholding or inflicting on the population wholesale misfortunes of a kind which strike all men alike—smallpox, cholera, flood, drought, cyclone, cattle epidemic, or defeat in an intervillage feud. Such inflictions result from failure to propitiate the goddess or failure to uphold the moral laws of caste. The *taravād* goddess concerns herself with its members' private morality and inflicts such individual misfortunes as fever, barrenness in women or cattle, or grave financial loss.

In aristocratic *taravāds*, the goddess and the lineage ghosts may nowadays be housed together in an ancient gynasium (*kalari*) near the ancestral house—a building formerly devoted to the military training of the *taravād's* youth. The ghosts may then be propitiated with cooked food on the same day on which a cock is sacrificed to the patron goddess. In such rites, propitiation of both spirits and goddess are associated with the *taravād's* former martial glory. In the rites there usually figure one or more ancestral swords which the male forebears used during their lives. These swords are the property of the goddess and are propitiated by the *kāranvan* as representatives of the deity.

Lineage ghosts have some concern with the *taravād's* internal morality. If its members fail in hospitality to guests, squander their income, or neglect their property, the ghosts may inflict misfortunes on one or more members of the group. However, failure to propitiate the ghosts correctly is the offence most likely to provoke retribution. Conversely, if offerings are made correctly to the ghosts, they will help to preserve the *taravād* from misfortune.

The ghosts vary in their severity and in the wrongs which they punish. A *kāranavan* who amassed much property is most likely to resent extravagance on the part of his successors. Forebears who died prematurely are more punitive than those who died peacefully in old age. All ghosts, however, are somewhat capricious: a small offense may provoke stern retribution, and misdemeanors on the part of one adult may result in the sickness of another or of a child of the property group. In particular, a forebear who was injured or insulted by his juniors during life or after his death may wreak vengeance on the *taravād* even down to the seventh or eighth generation. One instance from a village headman's lineage in Kottayam will illustrate such retribution. In 1798, the property group was dying out for lack of women, and the *kāranavan* adopted a woman and her children from a related segment of his lineage. After the

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kāranavan's death, his adopted successor was too young to manage the property. This passed temporarily into the management of a man from still another branch of the same lineage. When the true claimant came of age he disputed his guardian's management. After a bitter lawsuit the guardian was deposed in a British court. He continued to live on the *taravād*'s land and to harass his young successor. When the guardian died, the young *kāranavan* in his anger failed to arrange for the cremation rites until several days had passed and the corpse had decomposed. The ghost of this proxy *kāranavan* has harrassed his successors ever since, causing many of them to die of diabetes. The present members regard this condition as a decomposition of the body during life. The ghost's anger is so great that propitiations do not wholly avert its vengeance, although special offerings temporarily delay the progress of the disease.

The misfortunes inflicted by lineage ghosts include many forms of sickness, mental disorder, female barrenness and miscarriages, all of which are attributed to actual bodily possession by a ghost. Financial loss, crop failure and the deaths of babies or cows may also result from the ghosts' displeasure. I could find no very clear distinction between the misfortunes inflicted by lineage ghosts and those brought about by the patron goddess, by malevolent alien ghosts, or by the witchcraft or sorcery of enemies. Indeed it is obvious that the Nāyars themselves do not clearly restrict particular misfortunes to particular agents. For on the occasion of a misfortune, the *kāranavan* must often consult the village astrologer (Kanisan) who makes calculations to discover the responsible agent. He then instructs the *kāranavan* how to carry out its propitiation or to accomplish its control.

However, my information suggests that some misfortunes may be more likely to be attributed to some agents than to others. Miscarriages, for example, seem to be often attributed to ancestresses, to female alien ghosts, or to the patron goddess. Barrenness is often attributed to the snake gods of the *taravād*, who are believed to guard the fertility of its women. These misfortunes seem to be less often attributed to male ghosts, although some instances are known. Perhaps most important, however, circumstances immediately preceding the misfortune may help to determine the agent. If a forebear has died recently, or if a *taravād* has failed to propitiate its lineage ghosts or patron goddess, the *kāranavan* may not even trouble to consult the astrologer, or the astrologer may merely corroborate his suspicions. Similarly, if a man has an enemy with whom he has recently quarreled and then himself falls ill with fever, he is like to assume that the enemy has engaged the services of a witch or sorcerer against him. In small villages whose population is stable, moreover, the astrologer makes it his business to know the affairs of his clients and thus to diagnose appropriate causes for their misfortunes.

Sociological analysis. A satisfactory analysis of the functions of lineage ghosts must take into account those of other supernatural agents and of secular authorities. Among the Nāyars, supernatural agents have played only a minor role in punishing offences against men, as distinct from those against themselves. This is undoubtedly because human authorities of various kinds had strong judicial functions, deriving from their incorporation in a kingdom. In the last analysis their authority was backed by the military power of the king or chief. Among Nāyars, civil disputes were tried by village headman or district chief. Certain major crimes against the kingdom's religious laws were tried in the Raja's court. They included the killing of a cow or a Brahman or fornication with lower caste persons. The killing or assault of a Nāyar

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outside the lineage led to feuds between lineages or between larger territorial units. In Cochin, the king had more power than in Kottayam to curtail such feuds or confine them to organized duels for which a fee must be paid. Minor offences against caste law, such as dining with low caste persons, were tried by the subcaste assembly of the village and resulted in temporary excommunication of the offender's property group and the payment of a fine to the village goddess's temple.

The *kāranavan* had the legal right to punish offences within the property group and also those offences against caste law for which the caste held the property group responsible until justice had been done. Incest and murder within the lineage appear to have been punished by expulsion from the *taravād* by the *kāranavan* and from the caste by the caste assembly. In cases of grave insubordination by a junior member, the *kāranavan* had the right to deny him maintenance or access to the ancestral house until he mended his behavior.

Thus the supernatural agents of the village and the *taravād* primarily acted to force the human authorities to carry out their judicial duties. If, for example, the caste failed to excommunicate the *taravād* of an individual who had sinned against its religious laws, it was believed that the village goddess would strike the village with epidemic, flood, or some such misfortune. Similarly, if incest within the lineage went undetected or unpunished, the lineage ghosts and the patron goddess might cause the offenders to die or might bring misfortune on the *taravād* as a whole.

The fact that any member of the *taravād* may suffer as a result of the misdemeanors of any other, carries into the realm of supernatural sanctions the collective responsibility of the *taravād* in social and legal affairs. If a man breaks a ritual rule of the caste, his whole *taravād* is polluted and liable for excommunication. If a death or birth occurs, the whole lineage is temporarily polluted and excluded from normal social life. At the back of these norms lies the fact that the *taravād* is an economic and legal corporation. Its property is owned jointly, and the *taravād* is responsible for the debts of any one member. Its male members must support each other in feuds against other lineages. It is not surprising that the concept of being members one of another in secular affairs is projected into the realm of mystical retributions.

The points at which supernatural agents might replace, or act instead of, human authorities, appear to have been those where a subordinate was wronged by one who was himself a powerful authority and could manipulate the law. Thus lineage ghosts were probably particularly effective in punishing or setting to rights misdemeanors of the *kāranavan* himself. I am uncertain whether, in traditional law, junior members could sue in court for the deposition of an erring *kāranavan*. They certainly possessed this right in British law, but even so, it was very difficult before 1933 to get rid of a *kāranavan*. The lineage ghosts appear to have provided important sanctions against a *kāranavan's* misdoings, for they brought misfortune on a *taravād* whose *kāranavan* disgraced its reputation for hospitality or squandered its property. I was told that the former custom by which a junior member might be possessed by a ghost and voice its threats to the *taravād* added force to the complaints of young men who were cheated by their *kāranavans*. The fact that only the *kāranavan* may propitiate the lineage ghosts points up both his responsibility to the ghosts to ensure good conduct and prosperity in his *taravād*, and also his responsibility to his juniors to ensure the favor of the ghosts.

I have myself recorded no case in which lineage ghosts were believed to have actually prevented a crime on the part of a *kāranavan*, as distinct from punishing one. V. K.

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Raman Menon, however, records a legend of a mother's brother who deliberately betrayed a nephew, whom he hated, to the vengeance of a lineage currently feuding with his own.[6] The nephew was to have been killed by his enemies on the following day. But in the night his mother prayed for the return of her son's elder brother who was absent in a distant land. The lineage ghosts miraculously brought home the brother in time to save his junior's life. It must be remembered, moreover, that the belief that the deceased himself would become a lineage ghost capable of wreaking vengeance probably formed a sanction against intralineage murder.

Women are excluded from the ancestral shrine during their pollutions and may not enter it on the day of propitiations. The former prohibition is related to the whole concept of bad sacredness associated with emissions of the body, which prevents women from touching or eating with others or entering any sacred place during their pollutions. That women should be totally excluded from the shrine on days of propitiation seems also to relate to the general position of women in the society. As in most of the higher Hindu castes, women traditionally played a very minor role in economic production, for the work of production was done by the lower castes. A few women were scholars, and a few were even trained in arms, but the Nāyars' occupation as soldiers in general tended to exclude women from work outside the home. The bearing of children was by far the chief value of women. Correspondingly, women were subordinates in the legal sphere. They were throughout life under the legal guardianship of men, might not take part in public deliberations, and might not act as witnesses in the village court. The legal subordination of women may have been partly connected with their comparative lack of value in economic production; and perhaps partly, with the great moral authority they derived from childbearing—for female procreation was very highly valued and male envy of these functions was overt. The cult of lineage ghosts supports the correct operation of male legal authority within the *taravād*. The exclusion of women from participation in it, and their exclusion from the shrine on days when their procreative functions were most apparent, perhaps expresses in a formal manner the notion that the power which women derived from these functions was polar and even antipathetic to the legal and economic power of men.

Although the lineage ghosts had only subsidiary judicial functions, their cult served in several ways indirectly to maintain right relationships within the *taravād*. First, a *kāranavan* who respected and correctly propitiated his own forebears provided a role model of piety for his juniors in their relations with living elders. Second, the ghosts, as we have seen, provided some sanctions against a *kāranavan's* ill treatment of his wards. Levy,[7] in connection with the Chinese ancestor cult, has pointed out the importance of having supernatural agents to whom a human authority owes deference, in social units where the authority is not chosen by his subordinates and cannot easily be manipulated or removed by them. For the authority's good behavior toward his subordinates then becomes a part of his sanctioned duty toward his own supernatural authorities. In the Chinese cult, which in this respect resembles the Brahman, the head of a family must care for his patrilineal descendants because it is part of his duty to the ancestors to provide happy and prosperous offspring. For these, by their own later ancestral offerings, will save the forebears' spirits, and his own, from suffering in the life after death. In the Nāyar case, the *kāranavan* must keep his *taravād* in good order because if he does not do so the lineage ghosts may inflict suffering on all, including himself.

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Third, the ghost cult obviously provides one explanation for the cause of misfortunes, and offers a course of action whereby these may supposedly be allayed. Further, the *taravād's* collective responsibility for its misfortunes in a sense makes the ghosts a common threat to its members, for all may suffer from their anger. The ghost cult thus enhances the sense of unity and common destiny of *taravād* members.

Psychological analysis. The problem of the circumstances under which cults of punitive ancestors arise does not seem to have been solved in culture and personality writing. Freud[8] derived all forms of fear of, and taboos relating to, the dead, from ambivalence felt to these kinsfolk during life. Mead[9] in 1930 granted a probable universality of ambivalence to the dead, but pointed out that whereas Western Europeans tend to emphasize affection and grief toward the dead and to suppress hostility, some societies give ceremonial emphasis to the hostility and suppress the expression of affection and grief. Others appear to permit an equal expression of both hostility and grief, and Mead thought that personal conflicts relating to the dead may be almost eliminated when both attitudes find ceremonial expression. She argued that the choice of which attitude should be uppermost in ceremonial expression was "a function of the civilization in which the individual lives," but did not at that time attempt to relate attitudes to the dead to specific types of relationships with the living.

Opler,[10] in an analysis of Chiracahua and Mescalero Apache usages relating to the dead, has shown that these exhibit mixed feelings of grief and hostility, and has derived these from ambivalence to living relatives engendered in the matrilocal extended family. But Opler's analysis, convincing though it is, leaves us again with the problem that probably all social relations, and especially all kinship relations, are to some extent ambivalent. Why then do some societies express ambivalence in mixed attitudes to the dead, others in predominantly hostile attitudes with the benevolent aspects suppressed, and still others in predominantly benevolent attitudes with the hostile aspects suppressed? A more intricate analysis of types of ambivalence is required. Attempts in this direction have been made by a number of recent writers, notably Kardiner, Fortes, Roheim, Hsu, Mead in later writings, and Whiting and Child[11] in a cross cultural survey of beliefs about evil spirits and demons. Building on the theories of these writers, I shall try to find meaningful connections between Nāyar attitudes to lineage ghosts and their attitudes to living matrilineal kinsfolk of the preceding generation.

Nāyar lineage ghosts are oriented toward the living. Although Nāyars state that good spirits go to a heaven of sensual pleasures and bad spirits to a hell of physical torture, they do not elaborate this belief or refer to it in connection with the cult of lineage ghosts. They believe that their forebears were sorry to die and are envious of the living. The forebears retain affection for their lands and houses and continue to be interested in tangible good things, particularly in food and drink. These attitudes appear to form part of a general this-worldly attitude among traditional Nāyars. As a caste, their chief interests have been in land and houses, political power, and military exploits. They are not ritual specialists. Most Nāyar men and many women were traditionally literate in Malayālam. Malayālam poems, dramas, and translations based on the great epics, the *puraṇas* and the *Bhāgavad Gītā*, brought the content of much Sanskrit literature to them in a comprehensible form. Nevertheless, comparatively few Nāyars were philosophers or scholars. Among the great majority, ascetic practices were oriented chiefly toward averting misfortunes in this life rather than to accumulating religious merit against the life to come.

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accumulating religious merit against the life to come. With regard to their interests in this world, the ancestors resemble their descendants.

Lineage ghosts are powerful beings who can help or harm the living. The effect which they exert on the fortunes of the living is much greater than that exerted by the living on their own. They can aid their descendants by preserving crops, cattle, houses, and children, but their punitive characteristics are those most emphasized. Offerings to ghosts are designed less toward seeking positive good than toward averting misfortune. There is no idealization of the ghosts as morally superior beings. They are human in their failings of envy and bad temper, and indeed, even more capricious than the living. They may punish wrongdoing with a degree of justice, but they do not look sympathetically into the hearts of propitiants, and are almost as likely to exact vengeance for accidental mistakes in the performance of rites as for wilful immorality. Nāyars do not attempt to enter intimate spiritual communion with them or to please them by inner suffering and renunciation. Rather, the ghosts are bought off with gifts of food in order that their envy may be appeased.

These attitudes to the ancestors[12] are, it seems, directly related to relationships with the senior generation among the living. A man's relationship with his mother's brother is, from childhood, one of stern discipline. All mother's brothers have authority over their nephews and in traditional households may inflict corporal punishment on adolescents. There is a marked lack of intimacy between senior and junior men within the *taravād*, and the sanction on a nephew's good conduct is fear of punishment rather than fear over loss of love. Good *kāranavans* are devoted to their juniors in a stern and dutiful manner. They are proud of their *taravād* as against the rest of the world, but they do not exhibit personal tenderness to their juniors. Power is vested in the senior generation; there is little feeling that a nephew could wield power over his uncle by withdrawing his emotional support. Great emphasis is placed on a formal etiquette of dignified and respectful behavior, amounting to partial avoidance, but neither party need feel that he loves the other in his heart. Nephews will not normally readily reveal hostility toward their uncles before outsiders, for they wish to preserve the dignity of the *taravād*. But they do publicly acknowledge hostility under provocation, and more frequently accuse the uncle of aggression toward themselves. That hostility is a normal component of relationships with mother's brothers is proverbial among Nāyars. They recognize this as the reason why a formal etiquette of behavior is indispensable. And even in spite of the stringent rules regulating the intercourse of mother's brother and sister's son, physical aggression between them may occur. In spite of the supernatural sanctions against violence within the lineage, I heard several stories of nephews who poisoned or stabbed their mothers' brothers. Aged *kāranavans* of large *taravāds* often complain of their loneliness. They may not behave intimately with their juniors and know in their hearts that they are hated and envied. "Indeed," as one Nāyar remarked, "in an old-fashioned *taravād* the position of the *kāranavan* is not safe." The office of *kāranavan* is, of course, much coveted. Junior men commonly number themselves off in order of age-rank as second, third, fourth men, etc., and with divided feelings await the demise of those above them which will raise them to higher rank. The relationship between older and younger brothers, own or classificatory, is only slightly less stern and formal than that between mother's brother and sister's son.

The relationship of a woman with her mother's brother is less harsh than that

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between males, for a woman does not offer the threat of a rival to her male superior. Difference of sex, however, makes this relationship even more formal than that between men. Women do not appear frequently in the presence of their mothers' brothers. They occupy separate wings of the house, and intercourse between the sexes is severely restricted. Toward older brothers a woman's relationship is restricted almost to the point of avoidance. If she commits a misdemeanor, especially a sexual one, a woman immediately fears men senior to her in the *taravād*. Formerly, she might be executed by her brothers if she had sexual relations with a lower caste man. In an orthodox household today, a girl who becomes pregnant by a low caste man will be either expelled from the house by her male seniors or, at best, will be thrashed and will receive much subsequent harsh treatment.

It may be wondered why, since women are excluded from legal authority and from participation in the cult, ancestresses are believed capable of harming *taravād* members. The explanation of this, too, seems to lie in the content of relationships with the mother and other natal kinswomen. Women have no legal authority over their juniors. Indeed, the mother of a *kāranavan* is herself under his jurisdiction. Women do, however, exercise great moral authority over their children throughout their lives. In Cochin with duolocal residence, the care of children under about the age of five is almost entirely in the hands of women in a traditional *taravād*. Their fathers have no rights over them, the *kāranavan* is too remote a figure to concern himself with details of child training, and junior men of the *taravād* are often absent from home. A mother commonly treats her small children with indulgence, but is necessarily also the source of many frustrations, while the maternal grandmother and women of her generation are strict disciplinarians.

In Kottayam, where residence was traditionally avunculocal, children were frequently brought up in the *taravād* of the father. In such households today, the child has an intimate, affectionate relationship with his father who undertakes a part of his personal care. When the father's *kāranavan* is also the mother's father (as fairly often occurs with cross-cousin marriage), he and his wife treat the child with indulgence. Otherwise, they tend to have only a slight relationship with him and may even resent his claim to temporary hospitality in their house. The mother is, in these circumstances, again the child's chief mentor and disciplinarian, and he learns very early that his mother's brothers, though living elsewhere, are the real authorities whom he must respect and to whom he will return at adolescence, as their heir. In both areas the reverence acquired for the mother is perpetuated throughout life. Her wishes and those of his elder sister take precedence over those of a man's wife, to whom he has a very subsidiary attachment. The relationship with the mother is clearly characterized by great depth of emotion and by greater tenderness than that toward male seniors. Even so, it appears that in this relationship too, the emotion is usually consciously ambivalent. I illustrate this statement briefly with reference to the relationship between only one man and his mother, but it is characteristic of many. This Cochin Nāyar, aged thirty-five, visited us stealthily in the evenings and kept his visits from his mother, telling her he had business in the town. He was afraid she would become jealous, and angry with him for eating Christian food. She watched over him, upbraiding him when he spent much time in the house of his wife and children. He took care to be prompt for meals, and although he found her food inadequate he would not complain in case he appeared to slight her cookery. He had had a high

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school education and disbelieved in much traditional Nāyar ritual. Yet he once arranged for the performance of a sacrifice to a minor malevolent deity, Kuttichāttan, because his mother thought that this demon had killed their calf. On this occasion he complained that he found her control irksome, and wished he had younger brothers who would care for her and allow him to travel more. "I love *and* fear her," he said, "Sometimes I am angry with her." "But you don't say anything?" "Ah, no, nothing!" Far more than in most of the patrilineal castes of South India, therefore, a man's mother remains the supreme, if somewhat resented, moral authority. There is no wonder that after death a woman should be believed capable of punishing her children and grandchildren if they displease her.

Even so, ancestresses play only a minor part in the cult of forebears, subordinate, as in life, to the spirits of *kāranavans*. For the cult of lineage ghosts too closely resembles everyday adult relationships in the *taravād* for women to be accorded a paramount place within it. In religion, the supreme moral authority of the mother finds its expression rather in the cult of the goddess Bhagavadi. Bhagavadi is lifted above the sphere of kinship relationships, yet as patron of the *taravād* and the village she is stated to be the supernatural counterpart of the mother. Her attributes are more awesome and archaic than are those of ancestresses, and it seems probable that in her are portrayed very early infantile fantasies of the mother, corresponding to those of the period when she was the only significant object in the child's world. She inspires devotion and tenderness but, in her aspect as Bhādrakāli, she is also a horrendous demon, having snakes for hair, talons for fingernails, fangs for teeth, brandishing weapons in her arms, and with her mouth dripping blood. Her oral aggression is emphasized, for she is a devourer of male demons who dare to oppose her power. Bhagavadi is the great deity of both men and women among Nāyars, but she is more concerned with men than with women. She is the goddess of war, she possesses men more frequently than women, and it is men who devote themselves intensively to her cult. Ancestresses, on the other hand, seem to be somewhat more likely to attack women than men. The different relationships of men and of women to their mothers may be relevant in this connection. For a woman, the relationship with the mother is less awesome, less inspiring, more intimate and realistic but also more irksome and rivalrous than for a man. A woman replaces her mother in the *taravād*, and as she grows up, rivalry, including sexual rivalry, is often apparent between them. Women retain the right to administer corporal punishment to their daughters until adolescence or marriage, whereas men earlier pass under the discipline of their mothers' brothers and appear to retain a more childlike image of the mother. Nuances in the cult of the ancestors and the great deities appear to reflect this differential relationship of men and women to the senior generation.

In Kottayam, with avunculocal residence, fathers traditionally had a protective and intimate relationship with their children. It might be expected that the father's ghost would figure in some way in the cult of ghosts. This is not the case. The cults are practically identical in Kottayam and Cochin, and although a woman and her immature children in Kottayam lived in the house of the woman's husband, the husband's lineage ghosts were not believed capable of affecting their welfare. This is apparently because, both in Kottayam and Cochin, the ancestor cult mirrors the legal structure and collective responsibility of the *taravād*, which are identical in the two areas. The father's ghost has no place among the lineage ghosts because,

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however intimately related to his children he may have been, he belongs to a different economic and legal corporation. In death as in life, he has no publicly supported authority over his children. Children do have a personalized relationship with their father's spirit in Kottayam, however, which is discussed below.

The emotional content of the relationships with lineage ghosts among the Nāyars does not depend upon the fact that they follow matrilineal descent, although of course the role-structure of the cult is determined by this fact. The Iravas[13] of this area, who are tenant cultivators of lower rank than the Nāyars, have small patrilineal lineages and patrilocal extended families, cross-cut, traditionally, by dispersed exogamous matrilineal clans. The Irava patrilineage is called a *taravād* and is headed by its senior male member as *kāranavan*. The Iravas have a cult of dead patrilineal *kāranavans* almost identical in emotional and belief content with that of Nāyars. So also do the Coorgs, a patrilineal caste of the small province east of Kottayam, well described by Srinivas.[14] The common form of the cult and the similarity of detail in this general area must undoubtedly be attributed to diffusion or to a common historical origin. Nevertheless, the question then arises of why this cult was not diffused to all castes of the southwest coast, notably to the Brahmans. Conversely, we may ask why the Brahmanical cult of ancestors, which is quite different in form and content, did not entirely replace the ancestral cults of the non-Brahman castes centuries ago—for these castes have been exposed to Brahmanical culture probably for two thousand years and have in fact adopted many elements of that culture. Moreover, cults of punitive ancestors similar to the Nāyar cult are very widespread in the world. It seems certain that whatever their historical origin, the reasons for the perpetuation of these cults must be sought in the role-structure of the kinship system and the emotional content of relationships with major figures of the senior generation within it. I would suggest that cults of predominantly punitive ancestors are likely to be accompanied by kinship relationships in which the senior generation retains control over the junior until late in life, but in which major figures of the senior generation are not highly idealized. It seems probable that the chief sanction against value-violating behavior will be fear of some tangible form of punishment, rather than fear over loss of love, and that although open expression of aggression toward disciplinary figures is controlled, the aggressive component in the ambivalent relationship to seniors will be strong and not deeply repressed. Among Nāyars and Iravas of my acquaintance, at all events, a man may even be conscious of his ambivalence toward seniors, and to the extent that he is not able fully to accept his own aggressive feelings he seems to project these in the belief that his superiors are even more punitive than they may really be. A portion of this projected aggression his culture encourages him to displace on the figures of lineage ghosts, who can inflict even more serious punishments than can living superiors. As is frequently the case in our own society, the mechanism of projection seems to be closely allied with that of introjection, which appears in the belief that sickness and mental derangement are caused by the entry of a hostile ghost into the body of the patient.

The nature of traditional Nāyar relationships to their lineage ghosts may be clarified by contrasting them with those of Brahmans. I choose for this purpose the Tamil Brahmans of Tanjore,[15] with whom I am best acquainted. This caste of landowners and ritual specialists has patrilocal extended families and patrilineal lineages. Headship of the extended family does not, as among Iravas and Coorgs, pass down the line of

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father is highly ambivalent; for as head of the family he is the source of many frustrations. After death, aggressive elements do seem to appear covertly in the horrifying picture of hell and in the fear that by failing to perform the ancestral rites correctly, and to live piously, the son may imperil his ancestors' souls. But aggression against the parents seems to be too deeply repressed for them to be thought of, alive or dead, as themselves aggressive. Instead, the Brahman seems to effect a reaction formation against his aggression which appears in unusual concern for the ancestors' safety, and in the anxious need to perform numerous rites which will ward off from them the punishment of the god of death. I do not mean to suggest that every Brahman handles aggression toward elders solely and precisely in this way, or that every Nāyar handles the same troublesome impulses by projection. I would suggest, however, that both socialization and belief system encourage these different modes of handling aggression toward authorities, and that a change in any one of these areas would be likely to produce change in them all.

A more apt contrast with the Nāyar cult would be that of the Nambūdiri Brahmans, who live in contact with the Nāyars and from whom the Nāyars have derived many elements of their religion. Unfortunately, the religious orthodoxy of the Nambūdiris prevented me from studying them intimately. The information which I have from Nambūdiri informants and from literature[16] indicates however that their ancestral cult is similar to that of the Tamil Brahmans. Its role structure is different, for in the Nambūdiri patrilineal household only the eldest son may have Nambūdiri descendants. Younger sons may have Nāyar children, but these are totally excluded from the performance of rites for their dead fathers. Headship of the Nambūdiri family, like that of the Irava, passes from the eldest son down the line of brothers and then drops to the eldest son of the junior generation. There is both a collective cult of dead patrilineal heads and also separate anniversary rites for individual dead. Both types of ritual take the Sanskritic form. If the deceased was a younger son, his eldest brother's sons perform these rites. Nambūdiris hold the same beliefs about the fate of the soul as do Tamil Brahmans and, like them, deny that the spirits of ancestors are punitive. The informal intimacy of behavior between men of senior and junior generations in the Nambūdiri household is also very similar to that among Tamil Brahmans, and contrasts with the formal etiquette of partial avoidance between Nāyar matrilineal kinsmen. It is somewhat extraordinary and interesting to note that the Nambūdiri Brahmans and the Nāyars, through centuries of close proximity and hypergamous marital unions, have retained totally different legal and emotional relationships within their respective unilineal units, with correspondingly different beliefs connected with their ancestral cults.

Although the Nāyars' relationships with ghosts are similar in important respects to those with living elders, they are significantly different in others. The ghosts' powers are not limited by the demands of reality, and they can magically protect and punish in fantastic ways in which human elders cannot. As Fortes points out for the Tallensi ancestors, the ghosts appear "as a standardized and highly elaborated picture of the parents as they might appear to a young child in real life—mystically omnipotent, capricious, vindictive, and yet beneficent."[17] It is while a child is comparatively helpless that his elders appear in this form. As he grows up and gains competence, the elders shrink to human proportions. But in some areas of living a Nāyar was traditionally helpless throughout life—with regard to flood and drought, many sicknesses, and

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crop and cattle blight. These he continued to explain in terms of a childlike picture of powerful supernatural elders.

It must also be noticed that although there are slight differences in the relationships of men and women to lineage ghosts, the ghosts are, in general, far more alike than are matrilineal elders. A man's relation with his mother is very different from that with his mother's brother, and his relations with different mother's brothers are by no means uniform. Yet the ghosts are collectively regarded as both protective and dangerously punitive. It seems probable, therefore, that a Nāyar reprojects his own supergo onto the standardized, institutionalized image of lineage ghosts which his culture provides him. For the superego, like the ghosts, is a composite of the prohibitions imposed by a number of elders. The superego is also formed in part from the individual's own aggression, which he defends against by projecting it upon the generalized parental image which he has internalized. If this view is correct, reprojection of the harsh superego onto ghosts in times of misfortune must serve to reduce guilt. For the offences which the ghosts ostensibly punish with sickness are often inadvertent or trivial ones, such as failure in the correct performance of rites. The astrologer's diagnosis may thus permit him to focus his generalized guilt (concerning deeper, unconscious aggressive impulses) upon a specific, minor lapse of duty on the part of himself or one of his kinsmen. He is then able to take practical steps to alleviate his guilt through propitiation of the supernatural agents. The Brahman's offerings on behalf of his ancestors also seem to serve as an alleviation of guilt, but in a different manner. For instead of reprojecting his harsh superego onto ancestral figures, the Brahman apparently projects it wholly outside the area of human relations onto a vindictive god of death, whose hell he believes endangers both his own and his parents' souls. He appears to alleviate his guilt through rites designed to preserve them and himself from this fate.

If it is true that the Nāyar reprojects his own superego upon the lineage ghosts, this would explain why the ghosts are so much more punitive than are living elders. They are thus fitting agents for the infliction of natural misfortunes, which in fact fall more heavily and capriciously than do the punishments of living elders. The fact that all members of the *taravād* are enabled to focus projected aggression and guilt feelings upon the ghosts probably enhances the internal solidarity of the *taravād*, by lifting a portion of these troublesome feelings from inside to outside the group. The cult thus brings together in rites of propitiation these very kinsmen who (in one aspect of their relationship) hate each other, and forges renewed bonds of mutual devotion in the appeasement of beings whom all of them fear.

Funerals and Anniversaries: The Sanskritic Cults

Although they retained the non-Sanskritic cults of ghosts, the Nāyars long ago adopted many Brahmanical usages in connection with funerals and with rites on the anniversary of a death. Such usages include cremation rather than burial of the dead, and offerings of rice balls (*bali*), water, and other oblations in the days of pollution following a death. As among Nambūdiri Brahmans, the chief heir, at the end of the period of pollution, enters a period of ascetic mourning (*dīkṣā*) for one year in Cochin and for forty-one days in Kottayam. At the end of this time he may dispose of the bones and ashes in a sacred river. He makes *bali* offerings to the spirit on each day of his mourning, and at its close, performs final offerings which unite the deceased with

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eldest son also traditionally observed *dīkṣā* for his father along with the matrilineal heir.

Age-rank within the *taravād* finds expression in the rites. Among Nambūdiri Brahmans, if an unmarried but initiated boy dies, his father may perform his funeral and anniversary rites. For the souls of father and son are dependent upon one another for salvation. But among Nāyars, a man may not take part in funeral rites for one junior to him in the *taravād*, for respect toward juniors is inappropriate. A Nāyar who dies leaving no junior old enough to act as chief mourner is therefore buried without ceremony and no rites are performed for his ghost.

Nāyars have adopted the Brahmanical belief that funeral and anniversary rites assist the spirit in its passage to another world, and that immersion of the ashes in sacred water affords it peace. Like the Brahmans, they acknowledge the theory of rebirth, and hold that a spirit which is correctly propitiated after death is likely to be eventually reborn in a high estate. As in the case of the Brahmans, the theory of *karma* provides the Nāyars with a moral rationale for their high position in the caste system, and it is chiefly in this connection that I have heard it quoted. It is difficult to discover how old are Sanskritic beliefs concerning the soul among Nāyars, and they are not uniform at the present day. Most Nāyars use the word *pretam* to refer to the ghost or the soul in all contexts. This is a Sanskrit word (*preta*) for a malevolent ghost, but it is used by Nambūdiri Brahmans only for alien malevolent ghosts. A few Nāyars stated that that aspect of the soul which is reborn is the *ātmā*. This Sanskrit word is used by Brahmans for the soul in connection with rebirth and with union with the universal soul, called *paramātmā*. The *ātmā*, these Nāyar informants say, is neither malevolent nor beneficent. It cannot be understood by ordinary people and is a subject for philosophers. The *pretam*, by contrast, is the punitive ghost of an ancestor or of one who died violently. It can be only too easily understood even by the ignorant and does not require deep study. This belief in two souls, or in a soul and a ghost, may be modern, for it was given by only a few younger informants.

At all events, the Sanskritic rites of death are customarily adapted by Nāyars to belief in a malevolent *pretam*, for at every step fear of the *pretam* is referred to. Whereas Brahmans perform the rites ostensibly in order that the soul may be at peace, Nāyars have traditionally performed them in active fear of the ghost's retaliation should its comfort not be ensured. During the days of pollution, Nāyars offer rice balls before a palmyra stem set up in the yard before the ancestral house. The *pretam* of the deceased is believed to enter this stem, and it is believed that it will attack the *taravād* with further death or with sickness if the offerings are not satisfactorily performed. During the offerings each Nāyar propitiant in turn wears round his waist a piece of cloth torn from the wrapper of the corpse in order to associate himself with the spirit. But inside this cloth Nāyars also tuck a knife, blade uppermost, to ward off the spirit's attack. After the offerings are made, both Brahmans and Nāyars clap their wet hands to summon crows to eat the rice balls. If the crows do not come, it is believed that the spirit has not received the offering. This may then be repeated on the advice of the astrologer. In Tanjore, Brahmans seemed to regret the miscarriage of the offering only for the sake of the spirit. But Nāyars regard it as an extremely evil omen, and fear the ghost's retaliation in the form of a second death within the *taravād*. The Brahmanical ceremonies themselves contain rites of segregation from the deceased which are susceptible to the interpretation that those who perform them wish to be rid of him. Such, for example, is the rite of dashing a pot of water at the head end of

the pyre toward the close of the cremation, and the disposal of the bones and ashes in a river far from the ancestral house. But among my Brahman informants in Tanjore these rites were carried out without explanation, and hostility to the dead seemed to find no conscious expression. Nāyars performed the same rites in full consciousness of fear and hostility to the ghost. Even at the end of the *dīkṣā* period when the chief mourner has deposited the ashes in a river, Nāyars believe that Bhairava and Kāla, messengers of the god of death, dog the mourner's footsteps back to his ancestral house. He is out of danger from them only after performing final offerings in the house which gather the ghost to its forebears and thus appease its wrath. Nāyars, like Brahmans, express grief at a death and engage in ceremonial weeping, although neither caste weeps with the loud vehemence characteristic of the lower polluting castes. But whereas Brahmans give full expression to grief and guilt, suppressing the hostile aspect of their ambivalence, Nāyars perform the same rites in consciousness both of grief and of hostile fear of the dead.

The traditional Nāyar rites and beliefs illustrate the common phenomenon of elements of symbolic culture being diffused from one group to another and endowed with a new emotional content and meaning in accordance with the needs of the receiving group. The Nāyars presumably adopted Brahmanical death rites centuries ago because of the prestige associated with certain distinctive customs of the highest group in the caste society. The extensive contact with Brahmans afforded to them by hypergamous marital unions gave them an unusual exposure to Sanskrit culture. But through centuries of exposure to Brahmanical custom the Nāyars retained such characteristically "low caste" features as animal sacrifice to punitive deities, religious possession, and propitiation of punitive lineage ghosts. I would argue that the Nāyars and lower castes retained these customs because the emotional dispositions engendered by their occupations and social relations—in particular, their ways of handling aggression and relationships to authorities—are different from those of Brahmans. Presumably also the Nāyars adapted the Sanskritic death rites to their own role structure and belief system, because these grew out of and served to uphold norms of relationships within the *taravād*.

The Cults of Alien Ghosts

In addition to lineage ghosts, Nāyars believe that the spirits of persons of any caste who died prematurely from epidemic, accident, murder, or suicide can bring misfortune to the living. Such ghosts, which I call alien ghosts, haunt the neighborhood where they died and are particularly malevolent. The misfortunes they inflict include many kinds of sickness; madness, female barrenness, cattle deaths, house fires, or poltergeist activities. Like lineage ghosts, most alien ghosts are called *pretams*. In Cochin, the Sanskrit word *piśāca* is sometimes used to distinguish them from lineage ghosts. In Kottayam, there is an elaborate cult of certain particularly important ghosts, which are called *teyyams* (a corruption of the Sanskrit word *deva* 'god').

In Cochin, one or more alien ghosts is sometimes attached to a Nāyar *taravād*, whose members are obliged to arrange for its regular propitiation. The ghost may be that of a person who is known to have died violently, within living memory, on the *taravād*'s land. Alternatively, when a misfortune occurs in a household, the astrologer may newly discover that the ghost of some such person, long dead, is haunting the *taravād*'s land. He may order a shrine to be built and propitiations to be made. Shrines

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to alien ghosts are built in the garden of the *taravād* house. They are propitiated annually or in emergency, usually with a cock sacrifice and an offering of toddy. Such alien ghosts are of a lineage other than that of the hosts and are usually of different caste. If a member of the *taravād* dies violently, his successors take care of his ghost in the course of their ancestral propitiations and do not commonly build a special shrine for it in their garden. They may fear such a ghost more than they fear the ghosts of forebears who died naturally, but they will not speak of this to outsiders. Rather, they are likely to deny to others that violent deaths have taken place in their lineage in the past, particularly if the deceased was a suicide or was executed in punishment for a crime. Such a ghost may however be regarded as a source of misfortunes by a Nāyar household of another lineage or by a household of one of the lower castes, expecially it the deceased died on its land or was in some way connected with it. It is then enshrined as an alien ghost in the garden of this house.

Most commonly, an alien ghost housed in a Nāyar garden is that of a former serf of the property group, of one of the "exterior" agricultural laboring castes of Pulayans, Parayans or Pānans. The legends of such ghosts are nowadays often forgotten, but several Nāyars told me that they are likely to be the ghosts of serfs who died after a quarrel with their masters or who were actually killed by them. The ghost is hostile to the *taravād* as a group and demands regular sacrifices if misfortune is to be averted. It is more hostile and capricious than are lineage ghosts, although it can also afford a certain vague protection to the *taravād* if it is correctly propitiated. Propitiations are made annually by a person of the ghost's own caste, often a Parayan or Pulayan of a family now serving the Nāyar property group. The propitiant's fee and the materials for the offering are provided by the *taravād*.

An alien ghost tends to be angered by persons who walk near its shrine at times other than those of propitiations. Some ghosts are angered only if people approach them round midnight or midday. At night, however, ghosts are able to wander some distance away from their shrines, so that it is possible to approach and offend them without being conscious of trespassing. In case of sickness or misfortune, the astrologer may diagnose that someone of the *taravād* has unwittingly offended the ghost and may order an emergency offering. After he has made the sacrifice, the low caste propitiant is likely to become possessed by the ghost and, while in a state of frenzy, to declare its satisfaction or to order further offerings. He may also take the opportunity to voice any grievances harbored by the *taravād's* low caste servants against its *kāranavan*.

A ghost of this kind may occasionally harm someone from outside its hosts' *taravād* who walks on their land at night. It could also harm its low caste propitiant if he failed in the correct performance of the rites. Usually, however, its attacks are confined to its hosts.

The ghost of such a hostile servant is to be distinguished from that of a servant who died heroically and voluntarily in the service of his Nāyar masters. Many Nāyar *taravāds* have legends of faithful serfs who died defending their masters' house during war, saved the lives of women and children, rescued their patrons from accidental death, or committed suicide in grief when a Nāyar patron had been killed. After death the ghosts of these servants are housed along with the *taravād's* lineage ghosts and are honored in ancestral propitiations. Nāyars point out that their heroism even makes the difference of caste irrelevant, for food is offered to them before it is offered

to lineage ghosts who were junior to them in age. The living of the *taravād* themselves make offerings to them and do them obeisance, whereas the ghosts of hostile serfs are especially polluting and malevolent and can be propitiated only by persons of their own caste.

Even so, the ghost of such a lower caste person who is honored for heroism by the *taravād* of his masters may, if he died violently, be feared as an alien ghost by other *taravāds*. In Kottayam in the eighteenth century, for example, there lived a certain Nāyar village headman who had as his servant a man of the Tiyyar caste of cultivators. During the invasions of Malabar by the Mysorean Muslim general, Tippu Sultan, in the 1780's, the Nāyar's *taravād* was threatened with conquest and forcible conversion to Islam. Having sent the women and children of his house into hiding, the *kāranavan* prayed before his lineage's patron goddess until the Muslims were at his gates. He then persuaded his Tiyyar servant to kill him, being unwilling to face the disgrace of circumcision at the hands of the Muslims. Having slain his master, the servant hid himself in an outhouse of the *taravād*. In the night he went forth and attacked the Muslims single-handed, killing several of them to avenge his master, before he was himself put to death. The ghost of this servant is now propitiated along with the lineage ghosts of his master's *taravād*. It is also, however, propitiated as an alien ghost by several other *taravāds* in the neighborhood.

Occasionally, malevolent alien ghosts are those of Nāyars who died violently, often in expiation of some crime. They may have committed suicide after being outcaste for contravention of religious laws, or in the case of a woman, may have been killed by their matrilineal kinsmen after cohabiting with low caste men. A woman called Kadangōtt Makkam, also of Kottayam, became a ghost in this way. According to legend, she was suspected by her sister-in-law of having sexual relations with an Oilmonger. Her brothers banished her from the *taravād*. She was agonized at the thought of leaving her children, and drowned them in the *taravād's* well. Her *kāranavan* and brothers were then obliged to stab her to death—the customary penalty for fornication outside the caste, and perhaps, also, for murder within the *taravād*. She became an alien ghost particularly liable to prevent women from bearing children, and is established in the gardens of several local *taravāds*.

Such alien ghosts, although Nāyar, are also propitiated by an officiant of the lower caste. The propitiant is usually from some caste which specializes in exorcism and counter-magic, such as Mannāns (washermen), Kanisans (astrologers, who in any case diagnose the misfortune and advise the propitiation) or Pānans (umbrella-makers, exorcists and agricultural workers). The mode of propitiation is the same as in the case of a low caste ghost.

Finally, an alien ghost is occasionally that of a Brahman who died violently. Brahman ghosts, or Brahmarākṣas, unlike all other ghosts, must be propitiated with vegetarian offerings by a Brahman priest hired for the purpose. But Brahman priests, unlike low caste officiants, never enter a state of voluntary possession by ghosts. Religious possession is particularly a low caste institution. It is not practiced by Brahmans, and when found among Nāyars, it is practiced by young men, women, and other persons who lack secular power. Brahmans do not need to become possessed by their ghosts and deities, for they have the power to demand whatever offerings and fees they require. Low caste propitiants need the authority of a supernatural agent in order to make demands on their high caste masters.

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No clear distinction is made between alien ghosts and minor malevolent deities, or demons, which are also sometimes called *pretams* in Cochin. Some demons are found throughout Malabar. Chief of these is Kuttichāttan, a spirit capable of all kinds of poltergeist activities. Sometimes, on the advice of an astrologer, a *taravād* privately sets up a shrine to Kuttichāttan and arranges for his annual propitiation by a low caste person in the same manner as an alien ghost. Often, indeed, local myths of particular Kuttichāttans suggest that they have been derived from alien ghosts, whose legends became fancifully embroidered with miraculous elements. The story of one Kuttichāttan, in this case enshrined in a Nambūdiri Brahman garden and propitiated by a washerman, will illustrate this process. The god was said to have been born from a sacrificial fire during ancestral ceremonies in a Brahman house. The Brahman house-owner brought him up, and when he was adult sent him to graze cattle as a serf. One day the Brahman's red-horned bull was missing, and the serf admitted that he had killed and eaten it. The Brahman tied him to the rafters of the cowshed and had him beaten to the point of death. Afterwards, the serf turned into a Kuttichāttan and disappeared, but hovered above the Nambūdiri household bringing misfortune until a shrine was set up for him. Educated Nāyar informants surmised that the spirit had originally been that of an executed serf, later glorified by his propitiants as Kuttichāttan. Similarly, Kadangōtt Makkam, whose story was related above, is spoken of as a form of Bhagavadi in some *taravāds* where she is propitiated.

I have so far mentioned the kinds of alien ghosts which may be attached to individual *taravāds* in Cochin. In fact, however, cults of spirits and deities of the village are grander and more numerous in Cochin than are those of the *taravād*. This parallels the fact that the Cochin village was traditionally highly centralized as a unit of local government. In this area, the temple of the village goddess Bhagavadi is managed either by a Nāyar village headman's lineage or collectively by a village community of commoner Nāyars. Only the Nāyars and castes above them might traditionally enter the temple, but all castes owed allegiance to the deity and took part in her annual festival. The lowest castes of former serfs, and some other polluting castes such as washermen, took part in the festival through the medium of one or more minor malevolent deities or particularly important local ghosts which occupied small shrines at a distance from the main temple. Such spirits were thought of as servants of the goddess, and at her will could "sow the seeds" of smallpox or other misfortunes in the village. To avert such misfortune not only must the Nāyars and other high castes propitiate the goddess herself, but the lower castes must also assemble, bringing imitation bullocks and horses—the vehicles of the deity's demon servants—and make offerings to these demons. Selected persons from these lower castes became possessed by the village ghosts or demons and, in masked dances, made oracular pronouncements both to their own and the higher castes. During the festival, and for several weeks before it, Nāyar households must also entertain these shamans privately in the courtyards of their houses and make gifts of grain to them which warded off the demons' wrath.

In Kottayam, the village was traditionally less centralized. Each Nāyar *taravād* was an independent landowning body owing only tenuous allegiance to a chief. Cults of deities and ghosts associated with particular *taravāds* are therefore more prominent than are those of village temples, and it is in the former rather than the latter that ritual cooperation between high and low castes is most prominent. Whereas a Cochin

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taravād may enshrine only one or two alien ghosts particularly associated with it, leaving the majority of local ghosts to be propitiated at the central village temple. a wealthy Nāyar *taravād* in Kottayam builds shrines in its garden for six or eight alien ghosts and finances elaborate propitiations on their behalf. Such spirits are in Kottayam called *teyyams*. As in Cochin, the spirits are often the ghosts of Nāyar or low caste persons who died violent deaths—for example, girls who died violently before marriage, women excommunicated or executed for sexual offences, persons killed by lightning, servants executed by their masters, or warriors who died in battle. Usually, miraculous elements are interwoven into their legends. Sometimes, they become merged with common minor deities such as Vettakkorumagan, Kandhākaranan, or some species of Bhagavadi. In a few cases, they have become associated with some episode from the puranic myths and their human origin is lost sight of. As in the village temple rites of Cochin, these ghosts in Kottayam are propitiated, on behalf of the Nāyar *taravād*, by selected persons from the lower castes. These are chiefly Vannans (washermen) and Malayans (exorcists).[22] Annually, the propitiants assemble in the Nāyar courtyard and recite the myths of origin of their spirits. Later, they make and receive blood sacrifices to the spirits, and finally, while possessed by them, perform spectacular masked dances and declare the spirits' satisfaction to an assembled company of many castes. These festivals take place throughout the whole of several nights in the month of January to February and draw vast crowds from the surrounding neighborhood.[23]

I have so far dealt with modes of propitiation of, and possession by, alien ghosts. In addition, both in Cochin and Kottyam, Nāyars believe that certain persons can, through appropriate rites and spells, gain private control over alien ghosts and minor deities and engage in witchcraft or sorcery through their power. In what I call witchcraft,[24] the individual uses the power of his patron spirit in order to take the form of a bull, dog, jackal, or other animal. In this form he touches his foe in the night, causing him to fall ill with fever, to become insane, or even to die. Witches always belong to one of the lowest castes of Parayans, Pulayans, Pānans or (in Kottayam) Malayans. They usually attack persons of Nāyar or other high caste whom they themselves hate. Occasionally, however, a normal person of any caste, even a Nāyar, may hire a witch to attack a personal enemy.

A sorcerer performs rites and recites spells to an alien ghost or minor deity over which he has control and causes it to pass magically into the body of an enemy, thus bringing about fever, miscarriages in women, insanity or death. Sorcerers can also bring about the deaths of cattle. Nāyars attribute sorcery chiefly to lower caste persons. For whereas the Nāyars predominantly worship Bhagavadi and certain Sanskrit deities, the castes below Nāyars specialize in the propitiation of evil ghosts and minor deities, and it is solely with these lower supernatural beings that witchcraft and sorcery are associated. Washermen, astrologers and umbrellamakers, who specialize in exorcising ghosts from the bodies of patients, are particularly suspected by Nāyars of themselves engaging in sorcery. Nāyars do, however, occasionally suspect Nāyars of other lineages, particularly affines with whom they have quarreled, of practicing sorcery or of hiring low caste witches or sorcerers to attack them.

Witchcraft does not usually require the diagnosis of an astrologer. A Nāyar of nervous disposition simply suspects that a low caste man has bewitched him if he falls ill after encountering an animal in the night. Sorcery is usually diagnosed by an

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787 astrologer, who, however, normally leaves his patient to guess which of his enemies
754 has injured him. Public accusations of witchcraft and sorcery are theoretically not
564 permitted, although Nāyars have been known to take the law into their own hands and inflict beatings on Pānans and Parayans whom they believed to have attacked them
755 through witchcraft. Normally, sickness resulting from possession by a ghost or demon
754 as a result of witchcraft or sorcery is counteracted by exorcism. Local specialists of
564 the castes of washermen, astrologers or umbrellamakers are hired to attend at the
787 patient's house. There they make sacrifices to patron spirits whom they themselves control. Later, they voluntarily become possessed by these spirits and perform frenzied dances in hideous masks before the patient, calling upon the alien malevolent spirit to leave him. The patient usually goes into a hysterical fit, after which the sickness may subside. Exorcism by masked dancing of this kind is known as *kōlam tullal*. Any form of rites or spells to control ghosts or minor deities, whether evil or beneficent, is covered by the general term *mantravādam*.

Analysis

769 The analysis of beliefs and practices centering about alien ghosts involves the
182 following questions: 1) Why are alien ghosts appropriate objects of fear? 2) How do these fears fit into the general pattern of Nāyar handling of aggression? 3) What psychic and social functions are fulfilled by the institutions surrounding alien ghosts? The answers to these questions will relate the alien ghost patterns to the functioning of the local community and its subgroups, and to the expressive needs of individuals.

769 *Alien ghosts as objects of fear.* Alien ghosts are individuals who suffered unusual or
152 premature death. People expect them to be especially malevolent. This expectation
182 is based on their presumed envy of the living, and in some instances on the fact that, having found death through violence and hatred, they can be expected to continue to be violent and hateful. Hence they are appropriate targets of fear.

Alien ghosts are the focus of more violent fears and hatreds than are the ghosts of matrilineal forebears, for they can be even more capricious and wantonly punitive.
[865] As we have seen, Nāyars do express a limited amount of aggression against lineage ghosts, and I have suggested that this is because their aggression training is not so strict as to prevent them from acknowledging to themselves some degree of hostility toward living matrilineal elders. Their projected aggression toward lineage ghosts, however, is constrained—like their aggression toward living elders. These ghosts, although punitive, are more protective than alien ghosts.

Alien ghosts are congenial objects for more violent aggression and fear, precisely
[564] because they *are* alien. They are securely outside the individual's most significant set of personal relations—those of the lineage. Even Brahmans, whose aggression training is so severe that they are unable to acknowledge hostility between themselves and their own ancestral ghosts, express fear and hatred of alien ghosts.

I assume that the fear and hostility which is directed at alien ghosts really has its source elsewhere. My reason for this assumption is that, although the fact that they died unnaturally provides a plausible reason why alien ghosts should be thought of as generally hostile, there is in most cases no ostensible reason in the individual's own personal relationships to alien ghosts which would account for their being chosen as the targets of hatred and fear. Presumably, if we follow psychoanalytic theory, the ultimate sources of these fears lie in familial relationships. This would seem reasonable

in the Nāyar case, for in spite of the institution of lineage ghosts there are serious limitations on the expression of aggression within the matrilineage. It is therefore logical to hypothesize that a residuum of unexpressed aggression is displaced outside the lineage toward outgroups and toward supernatural agents which represent these groups. However, there are also, as we shall see, realistic reasons, issuing from the political and economic structures, why individuals should feel aggressive toward outgroups of various categories. It seems probable that the institutions surrounding alien ghosts absorb some of these aggressions as well.

Alien ghosts in the general context of Nāyar handling of aggression. The role-structure of alien ghost cults is that of the wider community, and to understand them we must see how they are interwoven with political and economic relationships between lineages and between castes. For political and economic factors limit both the form and the direction which the expression of aggression can legitimately take in these various relationships.

Within the lineage, as I have suggested, the Nāyars' aggression training permits them to acknowledge to themselves a certain degree of hostility in their relations with matrilineal kin. It does not, however, permit physical aggression between matrilineal kin, nor does it permit the expression of projected aggression in the form of accusations of witchcraft or sorcery between matrilineal kin. For the *taravād* is the smallest corporate unit in Nāyar society. Its members are bound by the closest ties of economic cooperation. They must present a united front to the world, and such forms of aggression would be incompatible with the smooth functioning of their group. A degree of aggression can, however, be safely projected outside the *taravād* on to lineage ghosts, whose cult, as we have seen, actually strengthens the solidary bonds between living matrilineal kin.

Turning to wider relationships within the Nāyar caste, we must note that the political organization traditionally permitted the open expression of organized physical aggression against peers outside the lineage, in controlled feuds between lineages of the same village, villages of the same chiefdom, and chiefdoms of the same kingdom, and in warfare between kingdoms. Such physical aggression within the caste was possible because the internal organization of the caste was segmentary. Conflicts within it therefore balanced each other. Lineages opposed each other within the village but combined against other villages. Villages opposed each other within the chiefdom but combined against other chiefdoms. Chiefdoms opposed each other within the kingdom but combined against other kingdoms in war.

In this system, the most severe limits on intersegment conflict were those on feuds within a village. Such feuds arose in response to grave disputes—often, it appears, involving charges against a Nāyar woman of immorality with a low caste man. But, particularly in Cochin, these feuds were of short duration. They were controlled and curtailed by the authority of village headman and district chief. Hence interlineage disputes were limited in their mode of expression. Moreover, it was possible for individuals of different lineages to quarrel, yet to be unable to persuade their *kāranavans* and the rest of their lineages to enter a feud with them. It is here that suspicions of sorcery came into play, chiefly through beliefs in the use of hired sorcerers who controlled alien ghosts. Affines were particularly suspect, for, outside the lineage, affines were the persons with whom one had closest relationships and with whom disputes could most easily arise. If, for example, a *kāranavan* seemed particularly fond of a

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627 wife, his matrilineal juniors were believed to be especially likely to hire sorcerers to
613 harm her. For they would fear that their *kāranavan* might secretly convey to his wife
152 gifts and cash which belonged to his *taravād*. Yet without their *kāranavan's* support
754 they would be unable to enter an open group conflict with the *taravād* of his wife.
182 The belief that affines might practice sorcery, and the existence of ritual remedies against such attacks, therefore provided for the expression of projected aggression against persons of other lineages within the caste. I do not know whether Nāyars did, in fact, hire sorcerers to harm their affines, or merely suspected this of others, but it seems very probable that they did. If so, sorcery also provided a covert mode for the expression of direct aggression outside the lineage too. It must be noticed that although, in the case cited, these hostilities arose as much in the conflict of interests between the *kāranavan* and his matrilineal kin as between the *kāranavan's* wife and her husband's *taravād*, their institutionalized expression was not allowed to disrupt the *taravād*. For the *kāranavan's* matrilineal kin could not practice, and could not be suspected of practicing, sorcery against the *kāranavan* himself. Instead, members of the *kāranavan's* lineage were believed to move (and probably did move) against his wife's lineage as a group, thus endangering the solidarity of the marriage but indirectly promoting unity within each lineage.

564 Turning to the relations between castes, it is obvious that as endogamous groups
578 of different rank, occupation and wealth, castes were in many contexts outgroups to
152 each other whose interests were opposed. As landlords and noncultivating tenants,
182 the Brahmans and Nāyars wished to exploit the lower castes for their labor; conversely,
754 the lower castes wished to obtain as much compensation as possible from the higher castes. In these circumstances there was great realistic potential for hostility between castes, quite apart from the fact that the internal unity of each caste probably required the displacement of considerable additional aggression toward outgroups in other castes. Organized physical aggression between castes was, however, not feasible. For castes were economically and politically interdependent and linked by hereditary, interhousehold service ties. The lower castes could not rise up against the higher castes who employed them and held political power, and the higher castes could not wantonly harrass the lower castes on whom they depended for services. Instead, it was in the relations between castes that the institutions of witchcraft and sorcery were most prominent. The general tendency was for the Nāyars to accuse the lower castes of these evils. This is understandable, for the Nāyars with their wealth and authority had particular reason to suspect the lower castes of envy and hidden hatred. This generalized projection of aggression toward the lower castes served to enhance the internal unity of the Nāyar caste. At the same time, the open expression of aggression against particular low caste persons was institutionally controlled. For the astrologer did not customarily name his client's enemy, and even if the Nāyar had his own suspicions, open accusations of witchcraft and sorcery were not permitted.

● 769 The lower castes were considered peculiarly appropriate propitiants for alien
564 ghosts, and only low caste people could voluntarily undergo possession by them.
787 This suggests that the Nāyar fear of direct attack from an alien ghost, like the fear of
152 witchcraft and sorcery, expressed in a disguised manner the Nāyars' projected aggres-
182 sion against the lower castes. The association between lower castes and alien ghosts
[766] was, for Nāyars, indeed appropriate, for both were ritually polluting. Among Nāyars, the corpses of persons who die violently or from epidemic are unusually polluting and

their ghosts unusually dangerous. Instead of being burned by their matrilineal kin, the corpses of these persons are buried hastily by men of the washermen's caste—a caste particularly associated with demon propitiation and voluntary ghost possession. The spirits of these victims become alien ghosts. In their anger they may possess and cause injury to persons of any caste in their community. But only the lower castes can induce shamanistic possession by them, and it is chiefly (some say only) the lower castes who can control them to work good or ill. Appropriately, Nāyars believe that low caste witches perform additional rites connected with highly polluting objects and places in order to enhance their evil power. Witches, for example, are believed to procure a magical substance by abstracting the foetus from the body of a pregnant woman and boiling it in a cremation ground, to the accompaniment of spells to a favorite ghost or patron demon.

There is, however, a qualitative difference between the Nāyar fear of direct attack from an alien ghost and the fear of witchcraft or sorcery. An element of morality enters into the former fear, even though alien ghosts are more wanton and capricious than lineage ghosts. Although they are malevolent and hateful, alien ghosts must, like lineage ghosts, be respected and propitiated, and there is a feeling that they have the right to be as they are. When they are associated with regular cults of the *taravād* and the village, moreover, alien ghosts can also afford some vague measure of protection from misfortune to those Nāyars who conscientiously arrange for their propitiation. It follows, therefore, that the alien ghost attached to a *taravād* or a village temple acts in some measure as a kind of conscience for the Nāyar in his relations with low caste people. For a Nāyar *taravād* which arranges grand festivals for its alien ghosts, lavishing gifts on the low caste officiants who propitiate them and represent them as oracles, is also likely to be a *taravād* which has good relations with its lower caste servants in all contexts of living. In the case of the Nāyar relation to alien ghosts of his *taravād* and his village, as in the case of his relation to lineage ghosts, the concept of reprojection of the superego may therefore be appropriate, as well as that of the simple projection of aggressive id impulses. For while there seems no doubt that the Nāyar projects on to alien ghosts some of the aggression which he has toward the lower castes, just as he projects onto lineage ghosts some of the aggression he feels toward matrilineal elders, these ghosts act also as stern monitors of his conduct in relationships, respectively, with the lower castes and with matrilineal kin.

The situation is somewhat different with regard to beliefs in witchcraft and sorcery. It is true that a Nāyar who has recently wronged an untouchable or an affine may be one most likely to suspect untouchables or affines of attacks by sorcery. But he does not—at least openly—phrase the attack in terms of justifiable retaliation for his own wrongdoing. Instead, he speaks of some anonymous affine or low caste person who, out of his own envy and wickedness, has used his evil power over a patron ghost in order to harm an innocent person. Nor does the Nāyar respond to the attacks of witches and sorcerers by humble propitiation of the possessing demon. Instead he engages a low caste practitioner of his own to exorcise the demon with the help of a superior ghostly power. Thus, while both the belief in sorcery and the public cults of alien ghosts probably reveal, indirectly, the projection of Nāyar aggression against out-groups, they operate in different social contexts. Witchcraft and sorcery are regarded, by Nāyars who are the recipients of these attacks, as the evil work of envious persons against those more successful than themselves. They are seen as covert substitutes for

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754 769 564 forms of direct aggression which would be condemned by law. I am uncertain whether low caste people actually practice sorcery, but it seems very probable that they do. If they do, it is also very probable that they regard their actions as forms of retaliation which are morally justifiable, although outside the framework of the law. By contrast, alien ghosts institutionally attached to the *taravād* and the village have the support of all right-minded persons and are more comparable to institutionalized secular authorities. For they are concerned with the overall maintenance of interdependent and harmonious relations between castes of the community, and their cults are a public, collective acknowledgement of the need for these relationships.

564 769 A complete analysis of alien ghost cults would, of course, require full discussion of their role in the lives of the lower castes themselves. I lack space here for such a discussion but will make one or two relevant points. In each of these lower castes there were cults of familial ghosts. These, though less elaborate than the Nāyar cult of lineage ghosts, fulfilled similar intrafamilial functions. Some lower caste households [778] also erected one or more unhewn stones in their gardens which were believed to enshrine male or female alien ghosts or minor deities. These spirits seem to have fulfilled, for the household itself, similar functions to those of the *dharma devī* of a Nāyar *taravād*. They were propitiated by the low caste householder. Nāyars believed that a low caste man could also control such a household spirit, or some personal spirit over which he had gained individual sway, to bring harm on an enemy through sorcery. Lower caste persons certainly believed that some members of their castes possessed these powers, and it seems probable that some persons did try to employ them. Household or personal spirits could also be used by powerful owners to exorcise other harmful spirits from the bodies of high or low caste people suffering from attacks by sorcery.

564 152 754 The Nāyar's relationship to these lower castes was therefore one of secular authority combined with some ability to oppress them in the economic and political spheres. In addition, the Nāyar projected his aggression against them in the belief that they might harm him through witchcraft or sorcery. The lower caste man's relationship to the Nāyar was one of submission. He could not express direct aggression toward the Nāyar. He probably did, however, express aggression toward a Nāyar enemy covertly through sorcery. It is possible that a few low caste persons in addition believed themselves capable, through witchcraft, of assuming the form of an animal and bringing harm to an enemy of higher caste. It must also be mentioned that low caste persons believed others of their caste to be capable of sorcery against themselves. Witchcraft, however, seems to have been confined to relationships between low and high castes.

769 564 782 613 776 152 The lower castes of the village also owed allegiance to the Nāyar goddess Bhagavadi, who was enshrined in Cochin in the village temple, and in Kottayam in small temples attached to particular *taravāds*. The lower castes could, however, approach Bhagavad, only through the propitiation of alien ghosts attached to the *taravād* or the temple. In the context of these propitiations, the lower caste officiant's relationship to his Nāyar hosts was a complex combination of aggression, authority, cooperation, and submission. In the *teyyam* festival of a Nāyar *taravād* in Kottayam, for example, lower caste officiants must first humbly gain permission from the living Nāyar *kāranavan* the Nāyar lineage ghosts and the *taravād* goddess before starting their own propitiations. In the offerings to the *teyyams* which follow, the officiant's attitude to these minor deities is ostensibly one of humility, although the actual performance of the blood sacrifices permits considerable expenditure of aggression. Later, when the officiant

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dons his mask and becomes possessed by his *teyyam*, he may adopt an authoritative or aggressive attitude to his Nāyar hosts, demanding gifts or threatening them with misfortune before conferring his blessing. He may not, of course, physically attack the Nāyars. Indeed, he is, while possessed, likely to solicit admiration by inflicting physical suffering on himself, usually by burning himself with torches or rolling in the red hot ashes of a fire. After the oracular pronouncements, having doffed his mask, the officiant again becomes the servant of the *taravād* and humbly accepts his fee. For the low caste officiant, therefore, these festivals permit a limited, stylized expression of aggression and a temporary assumption of authority toward their high caste masters. At the same time, the festivals underline both the need for interdependence between the castes, and ultimately, the lower castes' permanent, secular role as submissive servants.

Functions of the cults of alien ghosts. My discussion of alien ghost institutions in the general context of Nāyar handling of aggression has necessarily pointed to some of their social and psychic functions. These may, it seems, be summarized as follows. First, the cults permitted, in a harmless manner, the handling of aggression which arose in relations between castes. Second, whether or not witchcraft or sorcery were actually practiced, the belief that those whom he wrongfully harassed could arm themselves with these ritual weapons must have acted as a deterrent to the Nāyar authority who was tempted to oppress low caste subordinates, or to favor his affines at the expense of his matrilineal juniors. Through witchcraft and sorcery, alien ghosts, therefore, might help to prevent injustices which could not readily be brought before a secular authority.

Third, these institutions brought together in ritual cooperation the very categories of persons whose mutual ambivalence provided the ultimate motive force for the institutions themselves. In the case of witchcraft and sorcery, there existed a complicated interplay of hostilities and alliances which, over time, balanced each other. All Nāyars feared the harmful supernatural power of the lower castes, and this gave unity to their caste. In a particular instance, however, a Nāyar who believed himself attacked by an individual low caste practitioner, or by another Nāyar with the help of such a practitioner, could obtain relief only by engaging the ritual assistance of some other officiant from one of the suspected castes. In the case of the cults of alien ghosts institutionally attached to his *taravād* and his village temple, it seems that the Nāyar's generalized fear of and hostility to outgroups was turned outside the area of human relations and focussed upon supernatural agents feared by all. But again, only willing and friendly ritual cooperation with lower caste officiants could ward off supernatural attacks from the whole community, including the Nāyars.

It seems probable to me that one of the most important functions of all religious ritual, if not the important, is this resolution of conflict within individuals and within groups. The manner in which this is achieved varies greatly. The rituals of rebellion[25] and the initiation rites[26] analyzed by Gluckman, for example, on the surface bear little resemblance to Nāyar cults of the dead. But as Gluckman has shown, their broad social functions are the same. Institutionalized religious ritual, like the private rites of obsessional neurotics, permits to the individual a disguised expression of his aggression, while at the same time reassuring him that his control over the direct physical expression of aggression is unimpaired. But institutionalized ritual does far more than this. It has not only temporary therapeutic value for the individual, but is also interwoven

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with social, legal, and economic institutions in such a way that it resolves recurrent conflicts within them and thus affords them support. For institutionalized ritual draws into cooperation, in common acts and a common belief system, the very categories of persons upon whose mutual ambivalence the rites are founded. More than this, by bringing home to the participants a sense of their common helplessness in face of the dangers and mysteries which confront man both in his own nature and in his world, ritual appears to transmute their very hatred into sentiments of mutual dependence and love.

Modern Changes in Cults of the Dead

At the present day the cult of lineage ghosts tends to be retained in its traditional form only in the most traditional households—those having residential and economic norms most closely approximating the traditional pattern, and living in the old style of ancestral house. In the new houses built in the past twenty years there is no ancestral shrine, and varying degrees of modification and attrition are observable in ancestral and death rites in these modern types of household.

In households comprising an elementary family or a congerie of mixed matrilineal, cognatic, and affinal kin, the cult of lineage ghosts has died out in its traditional form. In some families emergency propitiations are still made to the ghosts of kinsfolk on the advice of an astrologer. But such a ghost may now be that of any relative who died in the house, and the propitiation may be carried out by any adult male resident. In one Cochin house, for example, lived an old woman, her elder widowed daughter, and her children, and her younger daughter, daughter's husband and their children. The old woman's son, who would traditionally have been *kāranavan*, had taken his share of property and gone to live with his wife. When the younger daughter's small girl fell ill with fever, the astrologer advised a propitiation of the ghost of the elder daughter's husband, who had died in this house and been buried near it three years previously. The food offering was made by the child's father in a corner of the living room. In this case neither ghost nor propitiant were members of the *taravād*. Fifty years ago neither one of them could have been concerned in this *taravād's* ancestral rites.

In some households, regular collective offerings to lineage ghosts are still made in July and October, but the form of the rites has changed. Cooked rice balls are offered as in *śrāddham* instead of the old offerings of cooked food. In Cochin in 1952 there was no prohibition of alcohol. But even so, many modern families despised the old offerings of toddy, meat, and arrack and substituted vegetarian food with coconut juice, or else performed the Sanskritic rites. Even in traditional *taravāds* whose members have not yet divided their property, educated *kāranavans* are now often unwilling to perform the old-fashioned rites. Such was the case in one wealthy *taravād* of a Kottayam village headman. The *kāranavan*, a university graduate and a politician, felt that he must maintain the old ceremonies for the sake of his *taravād's* local reputation, but would not perform them himself. Instead he persuaded his younger son to carry out the offerings to the lineage ghosts and the annual cock sacrifice to Bhagavadi. This youth was, of course, of another *taravād*. Traditionally he would not even have been permitted to enter his father's ancestral shrine. In many households there are now no ancestral propitiations, for many now deny to lineage ghosts the power to bless or harm.

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was still undivided commented to me on this change. "In my *taravād*," he said, "I dare not speak before the *kāranavan* without standing and placing my hand before my mouth. But in K. *taravād*, after their partition, I have seen the nephews sitting to play cards with their uncle and passing the cigarette from their mouth to his. When I saw this I knew that relationship means property, and without property there is no relationship."

Moreover, the change to elementary family households does not merely entail a shift of the same disciplinary functions from the mother's brother to the father. Nāyar fathers have a tradition of indulgent tenderness toward their children and are loth to discipline them. Even when they are forced to do so, the techniques of discipline differ from those in a traditional *taravād* house. In the intimate atmosphere of the small elementary family household, traditional etiquette is abandoned. Children learn to obey both parents from love more than from fear. There appears to be a much deeper repression of aggression than in the traditional setting, and correspondingly, many young Nāyars cannot entertain the notion that their parents' ghosts could act punitively toward them. It seems probable that such changes in the modes of handling aggression—affected also by the collapse of the military tradition and the modern legal ban on all forms of physical aggression—may also lie behind the repugnance of modern Nāyars for such other traditional religious forms as blood sacrifice and spirit possession.

Also important in the abandonment of ghost cults is, however, an increased tendency toward the adoption of Sanskrit rites. This tendency, which has marked all the non-Brahman castes during the past hundred years or so, I would associate with increasing mobility within the caste system and, most recently, with its gradual collapse. For the Nāyars, as for the lower castes, the Brahmans are no longer a group with whom they have fixed status relationships. Instead, the Brahmans are now a reference group whom the Nāyars emulate and with whom they compete in the struggle for high rank and respectability. Some Nāyars who still hold their traditional beliefs in ancestral spirits and deities deliberately "purge" their rites of non-Sanskritic elements in order to gain respectability. Others have changed both rites and beliefs toward a modified form of the Brahmanical religion, even while they are busy repudiating the religious authority of the Brahman. Yet others, whose number is probably increasing, repudiate both Brahmanical and non-Sanskritic religions in their orthodox forms. Instead, they work out for themselves a more or less agnostic world view with humanitarian ideals, in which ceremonies, if they figure at all, figure only as acts of piety toward respected persons.

The cults of alien ghosts are also changing their form and gradually dying out. This change accompanies the gradual collapse of the caste system as a system of ranked occupational groups linked by hereditary service ties. The collapse of the caste system itself results from the growth of the capitalist market economy and the democratization of political institutions. Some Nāyars retain their beliefs in witchcraft and sorcery, but the categories of persons whom they suspect are no longer solely caste determined. They are as likely to include fellow factory workers or competitors in government service, irrespective of caste. Professional exorcists of appropriate caste are often no longer available, for many have left their traditional work. So also have many of the low caste families who formerly propitiated ghosts and minor deities associated with village temples or with Nāyar *taravāds*. Since the passing of the Temple Entry

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Act of 1947, moreover, low caste persons in general wish to enter the main court of the temple along with the higher castes and to propitiate the great deity. Alternatively, they build modern temples of their own dedicated to Sanskrit gods. They begin to shun the outer courtyards of temples populated by ghosts and devils and to leave these unpropitiated. Some Nāyars still believe that the lower castes have supernatural powers as sorcerers and lycanthropic witches, but believe that as the lower castes acquire education and "civilization" they voluntarily give up these powers. Others now deny that ghosts, witches, or sorcerers ever possessed powers at all.

All of these changes in belief and ritual are probably linked not only specifically to the collapse of *taravād* and caste as small birth-status groups, but more generally to the widening range of Nāyar social relations and to the relaxing of their former tight interdependencies in face-to-face relationships. As they move into a heterogeneous, mobile, urban setting composed partly of impersonal relationships with strangers, the Nāyars cease to regard the natural order as in all respects a moral order and cease to seek personal motives as the ultimate causes of misfortunes. The growth of scientific knowledge in schools and the spread of medical facilities also obviously influence beliefs about illness. This does not, of course, mean that the Nāyars and lower castes no longer require institutionalized modes of handling their aggressive impulses and their uncertainty in face of cosmic mysteries. In a few areas of living, new religious institutions have developed, which are outside the subject of this paper. In general, however, I think it is true to say that the scope of ritual beliefs and activities is shrinking[27] for Malabaris as a whole, and that as technology develops and new social arrangements become feasible, they concentrate more on the "how" of misfortunes, leaving the "why" to chance. Correspondingly, of course, conflict is increasingly handled through modern secular institutions (the law-court, the trades' union, the political party, the democratic election, etc.), which produce continuing social structural changes rather than serving to maintain harmony within traditional birth-status groups.

NOTES

[1] For a brief analysis of social change among the Nāyars, see E. K. Gough, "Changing Kinship Usages in the Setting of Political and Economic Change Among the Nāyars of Malabar," *Journal Royal Anth. Institute*, LXXXII (1952), 71-88.

[2] George P. Murdock, *Social Structure* (New York, 1949), p. 2.

[3] The Madras *Marumakkattayam* Act of 1933, and the Cochin Nāyar Act of 1937.

[4] Before the date of this Act, all division of ancestral property in a Nāyar *taravād* had been stirpital.

[5] For accounts of Nāyar propitiations of lineage ghosts, see E. Thurston, *Castes and Tribes of Southern India* (Madras, 1909), V, 362-3; F. Fawcett, *The Nāyars of Malabar*, Bull. Madras Govt. Museum (Madras, 1901), III, No. 3, 245-253; K. M. Panikkar, "Religion and Magic Among the Nayars," *Man*, XVIII, No. 7 (1918); V. K. Raman Menon, "Ancestor Worship Among the Nayars," *Man*, XX, No. 3 (1920); R. K. Pisharodi, *Ancestor Worship in Kerala* (1923).

[6] Menon, 1920.

[7] M. J. Levy, Jr., *The Family Revolution in Modern China* (Cambridge, 1949), pp. 168-9.

[8] F. Freud, *Totem and Taboo*, trans., Jas. Strachey (New York, 1950), pp. 51-63.

[9] M. Mead, *Male and Female* (New York, 1949), pp. 297-304.

[10] M. E. Opler, "An Interpretation of Ambivalence in Two American Indian Tribes," *Journal of Social Psych.*, VII (1936), 82-115.

[11] A. Kardiner and Associates, *The Psychological Frontiers of Society* (New York, 1945), pp. 112, 118ff, 167; M. Fortes, *The Web of Kinship Among the Tallensi* (Oxford, 1949), p. 234ff;

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the only thing to be done for the deceased is the annual shraddham, or yearly funeral commemorative rite. Rice balls (pindams) are made and given to crows. Clapping of hands announces to these birds that the rice is being thrown for them, and, should they come at once and eat it, it is obvious that the spirit of the deceased is pleased with the offering, and is not likely to be troublesome. But, on the other hand, should they not come and eat, it is evident that the spirit is displeased, and the Taravâd had better look out.

The ceremonial connected with the funeral rites which have been described, illustrates the immense difference which exists, as it does in the case of all peoples more or less cultured, between the primitive belief of the race, and the higher, the more abstract, religion which they believe they believe. With races, as with children, the earliest associations are the strongest, and persist through the life of the race as through the life of the individual. The higher power of reasoning which comes with higher development does not disperse them altogether. The people who practise these rites are good Hindus, and, according to the theory of their Hindu religion, the spirit which is emancipated from the body at death at once inhabits another body, for suffering or for enjoyment measured by the deserts of the bodily existence which has just ceased. This is the higher religion. And yet they admit that the spirit is connected with the shadow, not with the breath;—and feel in their hearts that it still lingers in the house and absorbs the essence of the ingredients of the food offered to it; that it must be propitiated or it will cause harm to the living. This is the primitive religion. It is supposed that the spirits of those whose ashes are deposited at Benares or other place of sanctity, and for whose sake alms are given to Brâhmans, remain at those holy spots, and become more and more god-like. This is a mixture of both. We are here concerned with facts rather than theories and, as much has been said already of this side of the subject of comparative religions, we may proceed with our facts. The spirits of those who have committed suicide or met death by any violent means are always particularly vicious and troublesome to the Taravâd, their spirit possessing and rendering miserable some unfortunate member of it. Unless pacified they will ruin the Taravâd, so Brâhman priests are called in and appease them by means of Tilahômam, a rite in which sacrifical fire is raised, and ghee, gingelly and other things are offered through it.

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performance. As he ran, every now and then he cut his forehead with the strange misshapen sword, pressing it against the skin and sawing (vertically) up and down. The blood streamed all over his face. Presently he became wilder and wilder, and whizzed round the lamp, bending forward towards the kalasam. Evidently some deity, some spirit, was present here, and spoke through the mouth of the Velichchappâd. This, I think, undoubtedly represents the belief of all who were present. When he had done whizzing round the kalasam, he soon became a normal being and stood before my camera. The fee for this self-inflicted laceration is one rupee and some odds and ends of rice, etc. I saw the Velichchappâd about three days afterwards going to perform elsewhere. The wound on his forehead had healed! The careful observer can always identify a Velichchappâd by the triangular-like patch over the forehead where the hair will not grow, and where the skin is somewhat indurated. The Velichchappâds seem to get used to cutting their foreheads as the eels to skinning.

We shall find the oracle again when we come to the lower races. I have seen a fine demonstration of it amongst the Paniyans of Wynâd when engaged in a regular corrobboree. An extremely interesting example of this combination of this phase of the lower Dravidian cult which is in no way Hindu, with the Brâhmanic religion, is to be seen at Mailâr in the Bellary district. There the oracle is bound up with a story about Rishis and Asuras, an incarnation of Siva and Pârvati, and many thousands assemble yearly to hear the oracle delivered by a man on the top of a huge affair representing Siva's bow, speaking the words of the god.

Before concluding the subject of religion, allusion must be made to the worship of ancestors. Cremation of the dead, as in the case of the Nambûtiris, is done in the garden or compound surrounding the Taravâd house, in the south or south-west corner of it; so the Nâyar has the ashes and spirits of his ancestors with him always. We have seen already how that pacification of the spirits of those who have passed from view, and who are in the land of the shades, pervade the lives of the living. They are worshipped every new moon day, but especially on the new moon of Karkitakam,* of Tulâm and of Kumbham

* The names of the Malayali months have been given already—see Nambûtiris (Bulletin, Vol. III, No. 2).

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months. The last is the day following Siva râtri, the well-known Hindu festival. As it was told to me "Food is offered to the ghosts" on these occasions; to all ancestors, male and female. Food of any kind except cooked rice is offered.* It is cooked and placed in the middle room on the west side of the house, where are kept small images in gold or silver of the senior members of the Taravâd (in poorer houses, a stone simply is put to represent the deceased), and the door will be shut for about ten minutes, after which the food will be removed and eaten by the house people. Special worship of ancestors is often made at the temples specially sacred, on the new moons which have been specified, especially on the last. The plate depicts the crowd in the bed of the Ponnâni river on the day following Siva râtri. Men and women bathed and put on clean cloths and, when they had done so put a little burning camphor, sandalwood powder and some other little accessories, on a leaf which was floated down the river after a brief prayer. The scene of the picture adjoins the temple at Tirunavâyi, supposed to be the oldest in Malabar.

SERPENT WORSHIP.

Description, such as is here attempted, of the Nâyar's religion is incomplete so far. There remains to say something of serpent worship and to make some allusion to common superstitions. For description of these I would refer the interested reader to a capital little book entitled "Malabar and its Folk" published by Messrs. Natesan & Co., Madras, by Mr. T. K. Gopal Panniker, B.A., himself a Nâyar as his name denotes. With this gentleman's permission I will reproduce here chapter 12 of his book entitled "Serpent Worship in Malabar":—

"Malabar is a country which preserves to this day primitive institutions of a type peculiarly fascinating to the ethnologist. Of the various kinds of primitive worship still practised in the country that of the serpent occupies a prominent place. Here the serpent is deified and offerings of pooja are often made to the reptile. It has got a powerful hold upon the popular imagination. Each household has got its own serpent deity possessing large powers for good as well as for evil. A separate spot is set apart in the house-compound as the abode of these deities. This reserved spot is converted into a small jungle almost circular in

* Bread made of rice flour may be offered.

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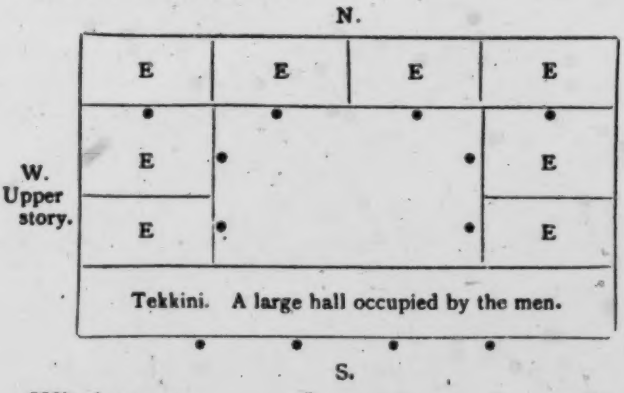
occupied by the male members. There is no connection between the portions allotted to the men and that of the women. No. 8 is for the family gods. The Kârnavans and old women of the family are perpetuated in images of gold or silver, or, more commonly, brass. Poor people, who cannot afford to make these images, substitute simply a stone. Offerings are made to these images (or to the stones) at every full moon. The throat of a fowl will be cut outside, and the bird is then taken inside and offered.

The entrance is at C.



Windows at * * * *

E. Rooms occupied by women and children.

It may be noticed that the apartment, where the men sleep, has no windows on the side of the house which is occupied by the women. The latter are relatively free from control by the men as to who may visit them. We saw, when speaking of funeral ceremonies, that a house was supposed to have a central courtyard; and of course it has this only when there are four sides to the house. The nâlupura, or four-sided house, is the proper one for in this alone can all ceremonial be observed in orthodox fashion. But it is not the ordinary Nâyar's house that one sees all over Malabar. The ordinary house is, roughly, of the shape here indicated. Invariably there is an upper story. There are no doors but only a few tiny windows opening to the west. Men sleep in one end, women in the other, each having their own staircase. Around the house there is always shade from many trees and palms. Every house is in its own seclusion.

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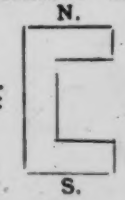

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175 564 613 631 [701] [566]

royal lineage. The retainer sub-castes disputed for rank and, in their separate villages, held the same rights of administration over the lower castes. In all these sub-castes, including the royal lineage, men were trained from the age of seven as soldiers in village gymnasia headed by military leaders (Asāns), and formed a permanent, mobile militia of the kingdom. Below the retainer sub-castes in rank came the small, non-military Nayar servant sub-castes of oil-mongers, funeral-priests, washermen, and barbers.[1] Quite apart from these Brahman and Nayar sub-castes, in a separate area of the village lived the lower patrilineal castes of tenants and menials and the lowest, 'exterior' castes of serfs.

613 [601] [783] [791] [769] [592] [591] [595] [178]

The Nayar Kinship System. The Nayar lineage (*tarawād*) is exogamous and matrilineal kinship terms are extended throughout its range. Its members are united by the observance of fifteen days' ritual pollution at a birth or death, and traditionally by worship of the spirits of dead heads of the lineage, and of a group of totemic snakes. The lineage is divided into small segments, which I call property-groups, each three to five generations deep. Each group is headed by its eldest man (*kāranavan*) who is the legal guardian of its members and controls their property.

The property-group was also until recently the dwelling-group. Residence was, and is still in some houses, uxorilocal: a husband visits his wife after supper and leaves before breakfast. Traditionally, a woman might have any number of lovers of appropriate sub-caste, and a man any number of mistresses. This custom of combined polyandrous and polygynous unions, besides being consistent with a strong matrilineal lineage system, was almost certainly associated with the occupation of Nayar men as soldiers, since it began to die out shortly after the armies were disbanded, about 1810, and a hundred years before the lineage showed signs of disintegration.

613 582 564

The rules of mating were as follows. Sex relations were prohibited within the lineage, and with more than one man or one woman of the same lineage. The Nayar servant sub-castes of oil-mongers, funeral-priests, washermen, and barbers were endogamous, as were all the lower patrilineal castes and the serf-castes. Within the range of military and ruling sub-castes (except for the royal lineages which admitted no peers), all unions were permissible outside the lineage and the range of prohibited affines, and within the sub-caste. Furthermore, these sub-castes were knit together by 'hypergamous' unions between women of lower and men of higher sub-caste. Members of the three retainer sub-castes, which disputed for rank, had only temporary and sporadic sex-relations across sub-caste boundaries. These took place during war when soldiers were permitted to contravene the normal rules against dining with or touching members of other retainer sub-castes and might enter each others' houses in order to eat and sleep. More permanent relationships were encouraged between women of the retainer sub-castes and Kiriyattil, Sāmantan, royal, or Nambūdiri men; between Kiriyattil women and Sāmantan, royal, or Nambūdiri men; between Sāmantan women and royal or Nambūdiri men; and between royal women and Nambūdiri men. The royal lineages, acknowledging no others as peers, were obliged to marry all their women upwards and all their men downwards. The Walluvanād and Cochin princesses married Nambūdiri men, the princes Sāmantan, Kiriyattil, or retainer-women. The Zamorins at first married only some of their women to Nambūdiris, and the rest to men of the more ancient royal lineages of Beypore, Betteni, and Kodungalur, all of whom had been conquered by the Zamorins and made honoured vassals in their kingdom. At some time in the 18th century, the Zamorin's lineage gave up this practice and began to marry its women only to Nambūdiris, while continuing to marry its men to Sāmantan, Kiriyattil, and retainer-Nayar women.

[1] Respectively called Vettukads, Attikurssis (Chidigans in Cochin), Velutheddans, and Vilakkatalavans. The small temple-servant castes who rank between Nambūdiris and Nayars and were also concerned in hypergamous marriages are for lack of space excluded from this discussion.

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must be unrelated: if a man married an *enangar* woman, the *enangar* bond was broken and each lineage must find new, unrelated *enangar*. *Enangar* must be present to witness marriages, to help at funerals, and to represent their lineage's ancestral spirits in the ceremonial food-offerings to spirits on the sixteenth day after, or the anniversary of, a death. The prohibition on marriages between *enangar* acts as an insurance that the *enangar* should not be prejudiced by ties of matrilateral or affinal kinship in their task of bringing to justice members of the linked lineage who offended against caste law. Among Nayars, this was less likely to happen because patrilateral ties were less strong than are matrilateral ties among Tiyyars.

Cutting across their lineage-grouping, the Tiyyars had dispersed, exogamous matrilineal clans, comparable with the clans of the north. My informants knew nothing about these clans except that they were once exogamous. They are not so today, since some people do not remember their clan-names. Though the clans have died out, marriage is prohibited between known matrilineal kin.

The Tiyyars of this area had fraternal polyandry. In this they must be distinguished from the Nayars, since the Tiyyars banned non-fraternal polyandry, while the Nayars of Malabar and Cochin forbade the marriage of one woman to two men of the same lineage, not to mention the same sibling-group. Tiyyar fraternal polyandry died out about twenty years ago. To carry out this marriage, the horoscopes of the girl and the eldest potential husband were compared and the amount of the dowry of jewels and vessels fixed. The bridegrooms went to the girl's house with their kin and *enangar*. Their mother's brother handed clothing for the bride, together with the *kānam* sum, as in Norther Malabar, to the mother's brother of the bride. A learned man sang a marriage formula to the effect that the girl of such a lineage was here given to the men of such a lineage, with caste-men and the sacred lamp as witness. He adjured the bridegroom's party to punish her reasonably when necessary, but to 'Keep her well, but if you are displeased with her, bring her back to us even if she has ten children, and we shall have her back, after settling the accounts in the presence of the third man [the go-between in marriage arrangements] and the *enangan*.' The bride was seated in the marriage hall at the end of a row beside her bridegrooms. The bridegroom's mother and other kinsfolk, and finally their *enangan* and his wife, fed the grooms and then the bride with porridge and with coconut-milk.

The marriage was consummated shortly afterwards in the bride's house, where each husband in order of age went to live with her for one or two weeks. At the end of the honeymoon period she was brought permanently to the husband's house, where she became her mother-in-law's subordinate. The husbands cohabited with her for equal periods in turn by the arrangement of their mother. Even a child might be married to the common wife by the milk-tie, and when he grew up claim conjugal rights in his much older wife. If the family were large and the wife weak in health, a second and even a third woman might, at least in modern times, be married by all the brothers and shared as their common wife. Children called all the fathers *appan*, prefacing distinguishing terms. Sons had equal rights of inheritance. The system mitigated against division of property, but, at least in modern times, if the family became large, brothers might, on the death of their fathers, divide the property and the children and each take one of the wives to live with him in middle life.

Divorce is permitted: a divorced wife returns to her brother's house, whence she may in theory be remarried. To effect a divorce, the eldest husband traditionally took a piece of thread from his loin-cloth, burnt it in two, and blew the two pieces away, saying to the brother of the girl, 'Here is your sister's *āchāram*.' *Achāram* commonly means 'custom', and Aiyappan (1944, p. 184), interprets the phrase, 'Hereby the "thread-tie" [formed by presenting a loin-cloth to the wife at marriage] is snapped, and with it my customary rights over this woman as her husband terminate.' The earnest money was returned to the husband's kin in the

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with the mother's brother; emotionally, hostility is more repressed and greater loyalty demanded. Both avuncular and fraternal relationships pivot on the bond of men to their mothers and sisters: common devotion to these women places the men in a position of equivalence rather than of unity, emphasizes loyalty to the *tarawād* rather than interpersonal amity, and points up the rivalry between them.

The suppressed hostility of a boy towards his father with reference to the mother becomes, therefore, among South Malabar Nayars transferred to the mother's brother at the age of four to six. The completeness of this tranference appears in death rites. The younger brother or sister's son of a dead man performs his funeral rites, observes pollution for fifteen days, and, if he is the immediate heir, mourning and sexual abstinence for six months to one year. He thenceforth annually offers cooked food to the spirit, which is represented in the form of a terrible and vengeful animal (*preḍham*, the same word as for the hairy spirits who attack menstruous women). No mourning, pollution, or propitiations were traditionally observed for the *genitor*, about whose spirit no beliefs are held. The observance of pollution (without rites) for the mother's *tāli*-tier was the sole acknowledgment of its fathers' roles in the *tarawād*'s perpetuation. The son's unconscious desires remain primarily fixed upon his mother, as appears in his paramount devotion to her in social life and to Bhagavadi in religion. They appear to be secondarily directed to the younger sister and sister's daughter, hence the avoidance and extreme formality demanded in the relationship with them. The rites of first menstruation and pregnancy and the institution of the serpent-gods seem to indicate that unconsciously the mother's brothers and other matrilineal forbears are regarded as *genitores* as well as *patres* and the elder brother as the symbolic spouse of a woman as well as her natural guardian.

Among North Malabar Nayars and Tiyyars, with their virilocal residence, the transference of hostile wishes on the part of the male, and incestuous wishes on the part of the female, from the father to the mother's brother, is less completely carried out. The father is often known throughout his life, when he shares with the mother's brother the role of *pater*. Since legal rights are concentrated with him, the relationship to the mother's brother tends to be more hostile, that to the father, more affectionate. But individual circumstances modify these relationships: a man may align himself alternately with mother's brother and with father according to the financial support each offers him. Death-pollution is observed for both and the vengeful spirits of both are propitiated. As in South Malabar, the primary emotional relationship is always with the mother and the secondary one with the sister, to whose claims those of the wife are subordinated. The etiquette of avoidance and restraint towards the sister and sisters' daughters is identical in north and south. A girl regards her father with greater reverence as her natural guardian, but her behaviour is more stereotyped than among South Malabar Nayars and corresponds more closely with that to the mother's brother. Father-daughter incest is regarded with greater horror than in the south, from which we may surmise that unconscious incestuous desires remain stronger.

On the surface, the South Malabar Tiyyar system with its double unilineal descent and emphasis on the unity of the patrilineal extended family forms a contrast to these matrilineal systems. The father or rather, traditionally, the eldest of the fraternal group of fathers, is head of the family. Sons are brought up under the discipline of all their fathers whom they are expected to regard with equal deference and love. A more regular Oedipus complex appears to develop in this caste. From the age of five to six, a boy must observe reverence to his fathers comparable to that of a Nayar boy to his mother's brothers. He addresses them with deference, and avoids them out of respect. Like a Nayar boy, he is dismissed from intimate contact with the mother about this age, as also with the sisters: they in turn, as he grows older, treat him with deference. The unconscious hostility of the son to his fathers appears in beliefs about

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partly guided by the influence of the monsoon. In regard to the serpent grove or religious shrine, a square plot just in the middle of the south-west portion is considered the most auspicious. A typical Nayar house is quadrangular, with an open space (*mittam*) in the centre; the western portion of it is the granary, while the rest of it is partitioned into rooms. The northern portion comprises the store-room and the kitchen at the western and the eastern extremities, with the dining room in the middle, while the western and eastern portions are kept as open halls for gatherings on important occasions. The house so constructed must face the rising sun—the east—and yet rather inconsistently it is called the *patinjattupura* or the western roof or building. The reason of this is that the *patinjattu muri*—the central chamber or the honoured guest chamber in the house, sanctuary of the ancestors of its occupants—must be so placed as to admit of entrance through its doorway the sun's earliest rays. Behind one or more of the rooms above mentioned is a *chaippu* forming a kind of enclosed verandah room. Another type most commonly met with consists of a portico serving as a reception-hall, the other portions of the building corresponding in details, more or less, with the quadrangular edifice just described. The rigid adherence to the science of architecture is confined not only to the Nayars and other high caste-men, but also to the generality of the Native Christians and Mahomedans who, before construction, always consult some expert in the choice of a proper site and the formation of a ground plan of the house. Misfortunes or even calamities are often attributed to the violation of these principles, and very often a newly built house is either altered to remedy the defects or even pulled down. There are again houses, where the two types are combined. The huts of the poor classes consist generally of one or two small, dark and ill-ventilated rooms with a kitchen at one end, and a verandah either in front or on all sides of the main building. With the increase of population, and with the demand for more houses, the old notions and *sastraic* injunctions are being overlooked as a matter of necessity, and the old fashioned houses are displaced by those erected on sound sanitary principles. The wood-work of the buildings is solid and substantial, and is in some cases beautifully carved. The walls are generally of laterite, brick or mud, and roofs which till

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551 The names of Nayars present great varieties and those most commonly met with are the following:—

(a) Andi Menon
Kandar Menon
Kannan Menon
Ittirayarachan
Korappan
Koman Menon
Kumara Menon
Thenchu Menon
Konthu Nayar
Eacharan Nayar

(b) Raman
Krishnan
Govindan
Gopalan
Achyuthan
Sankaran
Narayanan
Madhavan
Sreedharan
Raghavan
Neelacandhan
Velayudhan

(c) Names of females:
Kunjikavu
Chirutha
Ichon
Kotha
Nangeli
Ooli
Cheeru
Cheeronna
Ichi
Ittiri
Mukami
Oonni Maya

(d) Kalyani
Lakshmi
Madhavi
Rugmani
Seetha
Subhadra
Narayani
Dakshayani
Karthyayani
Meenakshi
Gowri
Bhargavi
Janaki
Parvathi
Sreedevi

(e) Pet names of males:
Appu
Appukuttan
Kuttan
Balan

(f) Pet names of females:
Nani (Narayani)
Mathu (Madhavi)
Kunju (Kunjukutti)
Eacheri (Easwari)
Parukutti.

55 564 The names of males given under (a) are those which appear to be caste names, probably given by the Nambuthiris, who are generally fond of these contracted and disguised appellations. The Nambuthiris say, that the Sudras were so ordained by Manu as not to be called by fair names. They were the landlords and priests, and the Nayars had to do servile work for them. They thought that they ought to keep the Sudras in complete ignorance, and could not endure to hear them talking distinctly in their presence. On one occasion, it is said that when a Sudra servant uttered the words "*Súrya Rasmi* (sun's rays)," his master was so displeased, that he closed his ears, for he could not bear to hear a servile fellow using so elegant a phrase from Sanskrit. On another occasion, when a Brahman overheard a Sudra uttering the words *ahimsa paramo dharma* (the highest of all duties is not to injure anybody), he said to himself, "what a pity it is, that a Sudra should be able to quote a vedic expression!". Their influence in these and other matters began gradually to diminish after the time of the great Malayalam poet, Thunjathu Rámanujan. The names of the caste-men given under (b) are chiefly the various designations of Krishna, Rama and Siva, all of whom are worshipped with equal reverence. Some think that the Nayars are chiefly the worshippers of Vishnu, but the fact that, when at Benares, Rameswaram and other places, they perform the ceremonies of offering of rice-balls in honour of their deceased ancestors, calling their ancestors

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Sivagothrakûr (worshippers or followers of Siva), would seem to indicate that they reverence Siva more than Vishnu.

A Nayar tarawad or marumakkathayam family.

"No people" says Elie Reclus, "have more fully appreciated the maternal family, nor developed it more logically than the Nayars, despite the accumulated obstacles thrown in its way by a race admirably intelligent and moreover victorious."[1] The *tarawâd* or *marumakkathayam* family consists in theory of all persons who can trace their descent in the female line from a single ancestress. In its simplest form it is one which consists of mother and her children, living together with their maternal uncle, that is the mother's brother, as *kâranavan* or the senior male member of the family. In its complex form it consists of a mother and all her children, both male and female, all her grand children by her daughters, all her brothers and sisters and the descendants on the sisters' side,—in short, all the relatives of the woman on the female side, however distant their relationship, living together in the same block of buildings, dining together in the same hall and enjoying all the property in common. No descendant through the male line can be a member of such a family. There are at present instances of families containing a hundred or more members who live in one or more buildings situated in a large compound and who are the descendants of one woman separated perhaps by generations of descent, and yet able to trace their common descent from one ancestress.

In such a family the woman senior to others in age was originally mistress or head of the family, and she reigned or governed. Her eldest daughter was prime minister in the family, and through her all orders were transmitted to her little world. The son recognised the priority of the mother before whom he did not even venture to seat himself, unless she had given him permission. The brother obeyed the elder sister, and respected the younger ones. In fact, the affection between brother and sister was a feeling that endured, while conjugal love was but a passing sentiment. The wives of brothers and sons held but a secondary position in the family. The Nayars loved their families more than anything else in the world, and made it the end of their existence. Like all Hindus they held reprehensible the man who

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1. Primitive folk, page 159.

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belief in animism, and all these are largely mixed up with the religion of the Nayars. Animism refers to the belief that man passes through life surrounded by a ghastly company of powers, elements, and tendencies, impersonal in character, mere shapeless phantoms of which no image can be made and no idea can be formed. Most of these have departments or spheres of influence of their own—one presides over cholera, another over small-pox, yet another over cattle disease, some dwell in rocks, others haunt trees, and others again haunt rivers, whirlpools and waterfalls. All of them require to be diligently propitiated by reason of the ills and calamities which they bring about, and the essence of these practices is magic. 564 771 776 [782]

Evidence of a wide-spread belief in the worship of ancestors is to be seen in the kistavens (*thoppi kallús*)—the rock caves containing the sepulchral urns found in the jungles and other parts of the State—in the ceremonies performed and the offerings made for the spirits of the dead. They are worshipped even now in special *kávús*, sometimes even in small out-houses or special rooms in the house on new moon days or *Sankrántis*, and there are also periodical commemorations on the anniversaries of the ancestor's death. Dead ancestors are also represented by stones or small images of gold or silver kept in the middle room of the Nayar houses, and offerings of food and drink are made to them on new moon and *Sankránti* nights. Animistic again is the worship of Káli or Bhagavati who presides over small-pox, cholera, and the thousand maladies that flesh is heir to, the worship of animals and plants and lastly the belief in exorcism and witchcraft in which Brahmans also share. 769 [532] 771 776 [789] [754]

Serpent worship.

Serpent shrines (*Nágattán kávús* or *Nagakóttas*) are to be found in the compounds of every Nayar house in the Cochin State, and their worship occupies a prominent place in the religious life of the Nayars and other castes. The following mythical origin is ascribed to the adoration of serpents in the Keralólpathi. 771 778 825

The first Aryan colonists settled by Parasurama found Kerala absolutely uninhabitable, and finding it impossible to improve their condition, returned to their old country. After their departure, the Nágas (or serpent gods) of the lower world or *Páthála* took possession of the partly reclaimed land and settled 773 778 825 [776]

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613 and gingelly seeds every morning after his bath to the departed
[782] spirit, and he must abstain from women, meat, alcoholic drinks, and from chewing betel and tobacco. When the *Deeksha* is observed, the ashes of the dead are not deposited as described above until the last day of *Deeksha*, the forty-first or the 365th day after death. When *Deeksha* is observed for a year, the ceremony called *bali* is performed every day. The last day of *Deeksha* is one of festivity, and after *bali*, the man under *Deeksha*
769 is shaved. Then at the end of every year, the annual *Sradha*
[782] or the commemorative rite is performed for the deceased.
[825] Rice ball offerings are made and given to the crows, when clapping of hands announces to these birds that the rice is being thrown for them, and should they come and eat it, it is considered that the spirit of the deceased is pleased with the
[613] offering and is not likely to be troublesome. But, on the other hand, should they not come and eat it, it is evident that the spirit is displeased and the *tarawád* had better be on the look
766 out. In the case of those who have committed suicide or met
775 death by violent means, the spirits are always particularly
613 vicious and troublesome to the *tarawád*, invariably rendering
782 miserable some unfortunate member of it. Unless the spirits are pacified, they will ruin the family, so a Brahman priest is invited to satisfy them by means of *Tilahómam*, a rite in which sacrificial fire is raised, and ghee and gingelly seeds are among the offerings.

765 613 574 [783] that, in some parts of Malabar, the visitors bring with them small presents in money or kind to help the Karanavan through the expenditure to which the funeral rites necessarily put him. To hark back a little, it must not be omitted that, on the third day after the death, all those who are related by marriage to the taravād of the deceased combine, and give a good feast to the inmates of the house and to the neighbours who are invited, one man or woman from each house. The person so invited is expected to come. This feast is called patni karigi. On the seventh day, a return feast will be given by the taravād of the deceased to all relatives and neighbours. Between the seventh and fourteenth day after death no ceremony is observed, but the members of the taravād remain under death pollution. On the fourteenth day 764 613 [415] comes the sanchayanam. It is the disposal of the calcined remains; the ashes of the deceased. The male members of the taravād go to the place of cremation, and, picking up the pieces of unburnt bones which they find there, place these in an earthen pot which has been sun-dried (not burnt by fire in the usual way), cover up the mouth of this pot with a piece of new cloth, and, all following the eldest who carries it, proceed to the nearest river (it must be running water), which receives the remains of the dead. The men then bathe, and return [184] home. In some parts of Malabar the bones are collected [778] on the seventh day, but it is not orthodox to do so. Better by far than taking the remains to the nearest river is it to take them to some specially sacred place, Benares, Gaya, Rameswaram, or even to some place of sanctity much nearer home, as to Tirunelli in Wynaad, and there 764 dispose of them in the same manner. The bones or 769 ashes of any one having been taken to Gaya and there 613 deposited in the river, the survivors of the taravād have

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no need to continue the annual ceremony for that person. 764 613
This is called ashtagaya srādh. It puts an end to the [769]
need for all earthly ceremonial. It is believed that the [775]
collection and careful disposal of the ashes of the dead [787]
gives peace to his spirit, and, what is more important,
the pacified spirit will not thereafter injure the living
members of the taravād, cause miscarriage to the women,
possess the men (as with an evil spirit), and so on. On 764
the fifteenth day after death is the purificatory ceremony. 613
Until this has been done, any one touched by any 783
member of the taravād should bathe before he enters
his house, or partakes of any food. A man of the [564]
Athikurisi clan officiates. He sprinkles milk oil, in
which some gingelly seeds have been put, over the
persons of those under pollution. This sprinkling, and
the bath which follows it, remove the death pollution.
The purifier receives a fixed remuneration for his offices [465]
on this occasion, as well as when there is a birth in the
taravād. In the case of death of a senior member of a 766
taravād, well-to-do and recognised as of some importance, 613
there is the feast called pinda atiyantaram on the 765
sixteenth day after death, given to the neighbours and 302
friends. With the observance of this feast of pindams
there is involved the dīksha, or leaving the entire body
unshaved for forty-one days, or for a year. There is no
variable limit between forty-one days or a year. The [184]
forty-one-day period is the rule in North Malabar. I
have seen many who were under the dīksha for a year.
He who lets his hair grow may be a son or nephew of
the deceased. One member only of the taravād bears 766
the mark of mourning by his growth of hair. He who 765
is under the dīksha offers half-boiled rice and gingelly 613
seeds to the spirits of the deceased every morning after [782]
his bath, and he is under restriction from women, from [784]
[834]

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mouth. With the breaking of a cocoanut, and the offering of some powdered rice, betel leaf, areca nut, etc., the body is taken to the pyre. The members junior to the deceased go round the pyre three, five, or seven times, throw paddy and rice over the dead body, put scantlings of sandal wood, prostrate at the feet of the corpse, and then set fire to the pyre. When the body is almost wholly consumed, one of the male members carries a pot of water, and, after making three rounds, the pot is broken and thrown into the pyre. The death of an elderly male member of a family is marked by udakakriya and sanchayanam, and the daily bali performed at the bali kutti (altar) planted in front of the house, or in the courtyard in the centre of the house, where there is one. The Ashtikurissi Nāyar officiates as priest at all such obsequies. On the morning of the fifteenth day, the members of the family wear cloths washed by a Vēlan, and assemble together for purification by the Nāyar priest, both before and after bathing, who throws on them paddy and rice, and sprinkles the holy mixture. The Elayad or family purōhit then performs another punnayaham or purification, and on the sixteenth day he takes the place of the priest. On the evening of the fifteenth day, and the morning of the sixteenth day, the purōhits and villagers are sumptuously feasted, and presents of cloths and money are made to the Elayads. In the Chittūr tāluk, the Tamil Brāhman sometimes performs priestly functions in place of the Elayad. Dīksha is performed for forty-one days, or for a whole year, for the benefit of the departed soul. This last ceremony is invariably performed on the death of the mother, maternal uncle, and elder brother."

In connection with the habitations of the Nāyars, Mr. Fawcett writes as follows. "A house may face east or

4: Yalman E-4,5 (1954-1956) 1971 AX4 Sinhalese
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terms of address. Related to this Dravidian terminology we find, as might be expected, that all parallel cousins on both sides are forbidden as sexual partners and consequently there is categorical cross-cousin marriage (p. 397). We are not given any details regarding the circle of kin which we have called the micro-caste, for Gough is again more concerned with "lineages." However, it is quite clear that all the kinship customs, especially the obligations between the various categories of kin, appear very similar to the Sinhalese.

The categories of the terminology are widely extended and relations with paternal kin are formally defined. The son, for instance, must make annual offerings to his dead father's spirit. "Paternal kin are known and accorded kinship terms within a range of three to five generations" (Gough, 1955*a*, p. 55). The father's sister's son was considered to have special claims on the girl (Schneider and Gough, 1961, p. 398).

It is noteworthy that with the residence pattern in which men live on lineage land with their MB, it is precisely the rights of the paternal kin that are emphasized in customary rituals. Thus paternal kin have an important place in all *rites de passage:* first pregnancy, naming, first rice feeding, *tali*-tying, marriage, first menstruation, and death. At the naming ceremony, for instance, the infant's father's mother chooses the name, the father's father confers it, and the father gives a gold gift (Schneider and Gough, 1961, p. 401).

These rights and obligations are of interest in contrast to the Sinhalese, where residence tends to be patrilocal and where it is, in fact, the claims of the maternal kin that are given the most prominence in the various life-cycle ceremonies.

We should observe that even the joking relationship, which is an interesting feature of the Sinhalese cross-cousin relationship, is duplicated in North Malabar: "Male and female cross cousins had a joking relationship with implicit sexual privileges." And, of course, marriage was initiated with the "gift of the cloth."

So far as the general structure is concerned, there is little doubt as to where we are. However, we are not given much information regarding endogamy and hypergamy. Gough notes only incidentally that "ordinary" Nambiars . . . married exclusively with each other" (1955*a*, p. 56), which suggests kin group endogamy with a likely diminution of unilineal descent ideology in such groups. Gough elsewhere also observes in passing that there were "hypergamous marriages in aristocratic lineages" (1961, p. 400), which conforms to the idea expressed above. Since the pattern can be seen with greater clarity in the evidence regarding the Cochin aristocrats, I refrain from discussing the question of hypergamy here.